# The Danish National Diabetes Register (NDR)

#### Bendix Carstensen

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#### Data processing in Health Care Copenhagen, December 2014

Population surveillance

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- Monitor and describe:
  - Prevalence (no. and %)
  - Incidence (no. and rates)
  - Mortality and SMR

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Results up to 31.12.2006 reported in:

Carstensen et al.: The Danish National Diabetes Register: Trends in incidence, prevalence and mortality, Diabetologia, 2008.

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- Inclusion start at 1.1.1990.

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- Prescription on insulin or oral antidiabetics in Register of Medicinal Product Statistics.
  Metformin alone in women aged 20–39 excluded (PCOS).

#### Variables in the NDR

► D\_FODDTO

- date of birth

► C SEX

- sex

D INKLDTO - date of inclusion

► C\_INKLAARSAG - criterion first met

▶ D\_DODSDTO

- date of death

► D\_LPR

- first DM diagnosis in LPR

▶ D FODT

- first date of chiropody

▶ D BLOD2I5

- first date of 2 BG / 5y

▶ D BLOD5I1

- first date of 5 BG / 1y

► D OAD

- date of 2nd OAD purchase

► D\_INS

- date of 2nd insulin purchase

▶ V PID

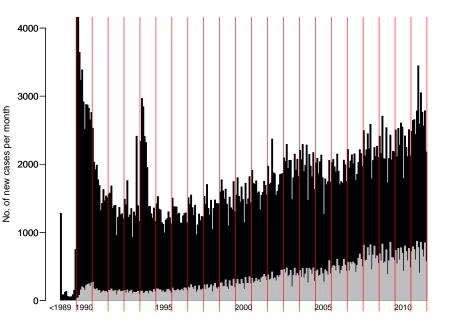
- person-id

# Random sample from NDR

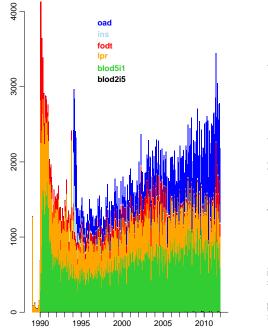
D_FODDTO	C_SEX	D_INKLDTO	C_INKLAAR	D_DODSDTO	D_LPR	D_FODT	D_BLOD2I5
09NOV1935	K	120CT2009	oad				
11SEP1919	M	19APR1990	lpr	22MAY1992	19APR1990	•	
12JUN1923	K	03JUN1998	blod5i1	22FEB2008			
18MAR1936	M K	18APR2001 080CT2008	blod5i1 blod5i1	•	06JUN2007	23MAY2007	
12AUG1959 24DEC1941	M M	16MAR2005	blod5i1	24FEB2007	•	•	
03JUL1944	M	09JAN2003	oad	24FED2001	•	•	
22JAN1964	K	22JAN1997	blod5i1	•	•	•	•
29MAR1941	K	010CT2009	lpr	•	010CT2009	•	•
01JUN1949	M	060CT2005	oad	•	010012003	•	•
15AUG1962	M	29SEP2009	oad	•	•	•	
02APR1949	K	18AUG2004	blod5i1	•	21JAN2009	19MAR2008	23APR2008
21JUL1931	K	14MAY2003	blod5i1				
080CT1901	K	08AUG1992	lpr	20DEC1993	08AUG1992		
19APR1913	K	23JAN1991	fodt	29AUG1992		23JAN1991	
09MAR1913	K	03APR1998	oad	20MAY1999	•	•	
15APR1947	M	24APR2001	oad		21MAY2001		
12DEC1940	K	16JUL2002	lpr		16JUL2002		
31DEC1916	M	24MAY1991	lpr	28JUN1991	24MAY1991	:	
21JUN1919	K	16FEB1992	lpr	15NOV1993	16FEB1992	20JAN1993	
31DEC1944	K	050CT1993	lpr		050CT1993	21APR2004	
30JUN1916	K	01FEB2006	blod5i1	18MAR2009	•	•	
160CT1971 16MAY1965	K K	08DEC2004 25MAY2005	blod5i1 blod5i1	•	22MAY2006	•	
06AUG1923	K K	280CT1998	blod5i1	01APR2004	22MA 1 2006	•	
26JAN1932	M	20FEB2008	blod5i1	01APR2004	•	21MAY2008	
16JUN1932	M	25FEB1998	lpr	24APR2006	25FEB1998	18NOV1998	04AUG2004
15FEB1914	M	22JUL1992	blod5i1	17FEB1993	201 101990	1010011330	OHAUG200H
05MAR1957	M	11AUG2004	blod5i1	111111111111111111111111111111111111111	27AUG2004	•	•
170CT1948	M	14MAY2008	blod5i1	:			6/1
							-7

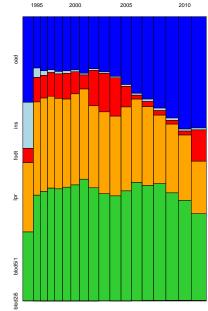
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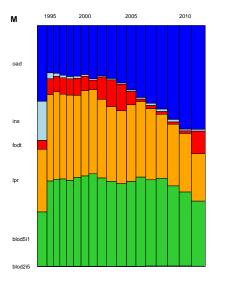
D_INKLDTO	C_INKLA	AR D_LPR	D_FODT	D_BLOD2I5	D_BLOD5I1	D_OAD	D_INS
120CT2009	oad				04JUL1990	120CT2009	
19APR1990	lpr	19APR1990			04JUL1990		
03JUN1998	blod5i1				03JUN1998		
		06JUN2007	23MAY2007		18APR2001	01JUN2001	
080CT2008					080CT2008	•	
16MAR2005			•		16MAR2005		
09JAN2003	oad		•		12DEC2007	09JAN2003	
22JAN1997	blod5i1				22JAN1997		•
010CT2009	lpr	010CT2009	•		22JAN1997 11JAN2006 18AUG2004	220CT2009	
060CT2005	oad		•		11JAN2006	060CT2005	
29SEP2009	oad	•			· •	29SEP2009	•
18AUG2004	blod5i1	21JAN2009	19MAR2008	23APR2008	18AUG2004 14MAY2003 	08SEP2007	
14MAY2003					14MAY2003	•	
08AUG1992	lpr	08AUG1992				•	
23JAN1991	fodt	21MAY2001	23JAN1991	•	•		•
03APR1998	oad		•	•	•	03APR1998	•
24APR2001	oad	21MAY2001	•	•	•	24APR2001	477430000
16JUL2002	lpr	16JUL2002 24MAY1991	•	•	•	13JAN2006	17JAN2006
24MAY1991	lpr	24MAY1991		•		•	•
		16FEB1992	20JAN1993	•	17JUN1992	05,000,400,4	•
050CT1993		050CT1993	21APR2004	•		05NOV1994	•
01FEB2006		•	•	•	01FEB2006 08DEC2004	•	•
08DEC2004	D100511	22MAY2006	•	•	25MAY2005	0211011000E	•
2011412000	blod5i1	22MA 1 2006	•	•		23NUV2005	•
280CT1998 20FEB2008	blodeii	•	21MAY2008	•	280CT1998 20FEB2008	OEMADOOO9	•
25FEB1998	DIOGSII				27SEP2000		20 1111 2002
25FEB1996 22JUL1992		70LFD1990			22JUL1992	OSPIARZOOU	2010F5005
		27AUG2004	•		11AUG2004	11950004	•
14MAY2008		21 MUG2UU4	•	•	14MAY2008	110EF 2004	7/1
1-11A12000	DIOUDII	•	•	•	1-11H 1 2000	•	7/ 1

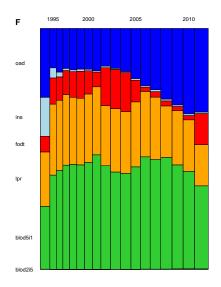


Date of inclusion



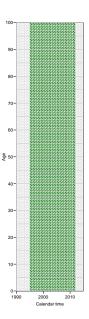






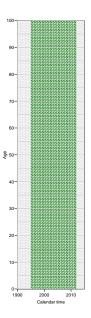
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New cases tabulated by age and date of diagnosis (1995-2007) and date of birth, in 1-year classes.



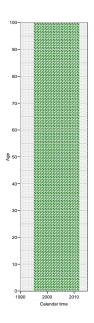
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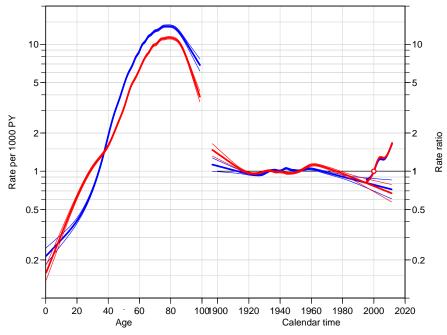
# Digression: Lexis diagram

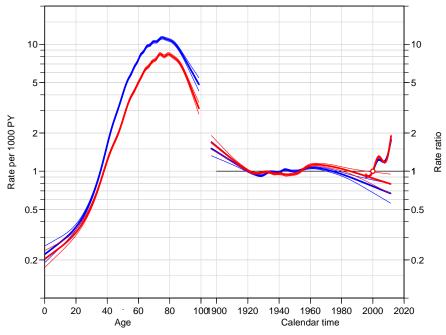


Wilhelm Lexis (1837–1914) German demographer, statistician and economist.



New cases in NDR	2006				2011			
Year	М	F	All		М	F	All	
<pre> 1989 1990 1991 1992 1993 1994</pre>	1,480 21,347 10,681 8,554 9,165 12,103	1,310 24,738 9,987 7,855 7,639 10,733	2,790 46,085 20,668 16,409 16,804 22,836		1,514 21,434 10,763 8,463 9,196 11,993	1,330 24,775 10,055 7,786 7,642 10,688	2,844 46,209 20,818 16,249 16,838 22,681	
1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011	7,745 8,015 7,923 8,800 9,295 9,614 10,181 11,123 12,385 12,465 11,607 12,007	7,148 7,388 7,528 8,039 8,537 8,881 9,468 10,745 11,378 11,465 10,535 10,865	14,893 15,403 15,451 16,839 17,832 18,495 19,649 21,868 23,763 23,930 22,142 22,872		7,756 8,016 7,928 8,819 9,314 9,620 10,215 11,178 12,370 12,472 11,619 12,094 12,719 14,005 14,298 14,974 17,080	7,150 7,388 7,533 8,048 8,565 8,883 9,481 10,790 11,361 11,477 10,582 10,920 11,783 12,663 12,360 12,818 15,314	14,906 15,404 15,461 16,867 17,879 18,503 19,696 21,968 23,731 23,949 22,201 23,014 24,502 26,668 27,792 32,394	
1995–2006 1995–2011 Total	121,160 184,490	111,977 174,239	233,137 358,729		121,401 194,477 257,840	112,178 177,116 239,392	233,579 371,593 497,232	





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- ▶ Incidence rates peak in ages 70–85: 1.2%/year for men, 1.2%/year for women in 2005.
- ► Annual increase in incidence rates over the period 1995–2004 was 5.6%, after 2004 almost flat

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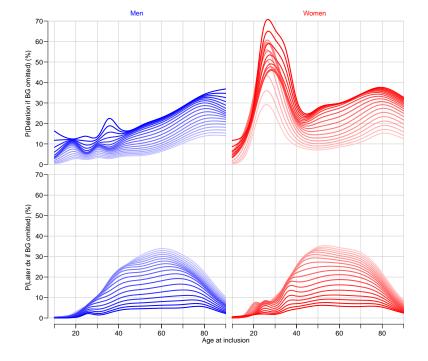
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- No consensus on how to proceed.



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▶ Prevalent cases by 1 Jan 1995,...,2010 tabulated by sex and 1-year age.

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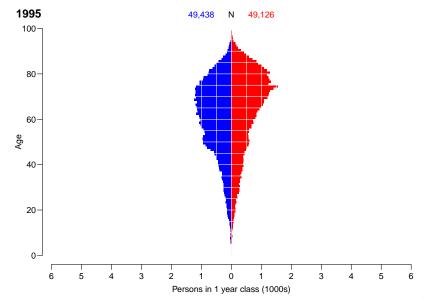
- ▶ Prevalent cases by 1 Jan 1995,...,2010 tabulated by sex and 1-year age.
- Corresponding population figures from Statistics Denmark.

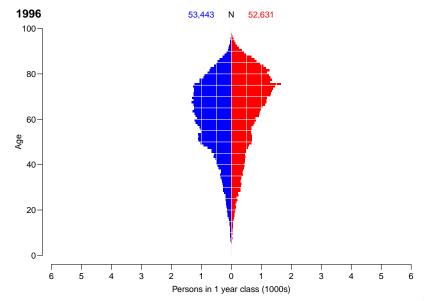
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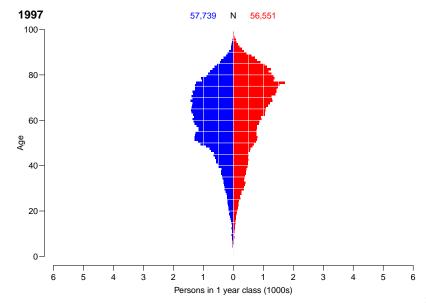
- ▶ Prevalent cases by 1 Jan 1995,...,2010 tabulated by sex and 1-year age.
- Corresponding population figures from Statistics Denmark.
- Prevalence analysed by a binomial model with log-link and the population size as denominator. Separate parametric terms used for each sex and date.

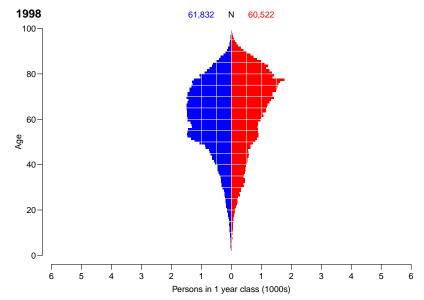
#### **Prevalence of diabetes**

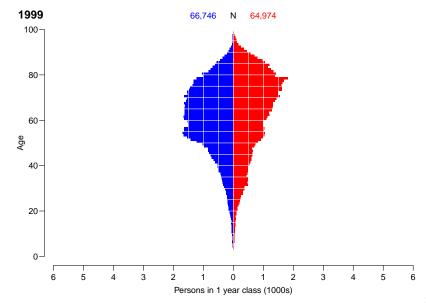
	No. patients			Pre	Prevalence (%)		
1 January	М	F	All	M	F	All	
1995 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011	49,438 53,443 57,739 61,832 66,746 71,798 77,120 82,914 89,291 96,706 104,149 110,581 117,328 124,501 132,847 140,940 149,702	49,126 52,631 56,551 60,522 64,974 69,692 74,570 79,895 86,364 93,199 100,227 106,028 112,018 118,726 126,295 133,318 140,507	98,564 106,074 114,290 122,354 131,720 141,490 151,690 162,809 175,655 189,905 204,376 216,609 229,346 243,227 259,142 274,258 290,209	1.92 2.06 2.22 2.36 2.54 2.73 2.92 3.12 3.35 3.62 3.89 4.12 4.35 4.59 4.86 5.14	1.86 1.98 2.12 2.26 2.42 2.59 2.76 2.94 3.17 3.42 3.67 3.87 4.30 4.54 4.78 5.01	1.89 2.02 2.17 2.31 2.48 2.65 3.03 3.26 3.52 3.78 3.99 4.21 4.44 4.70 4.96 5.22	

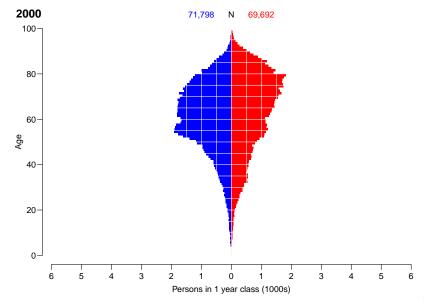


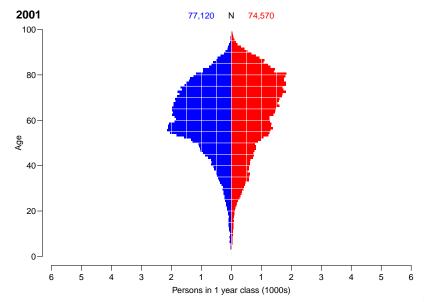


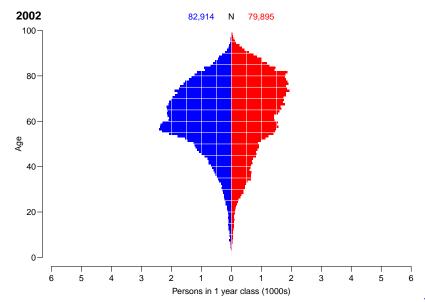


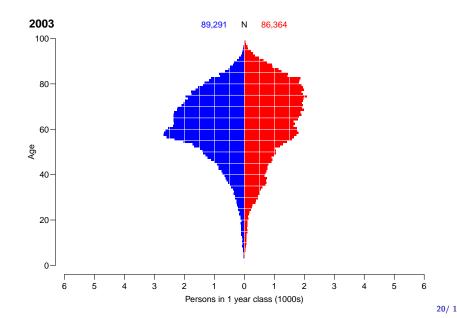


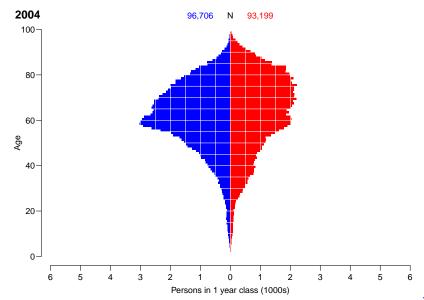


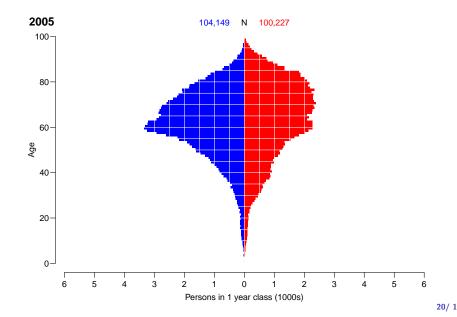


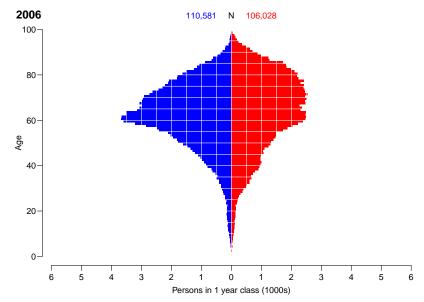


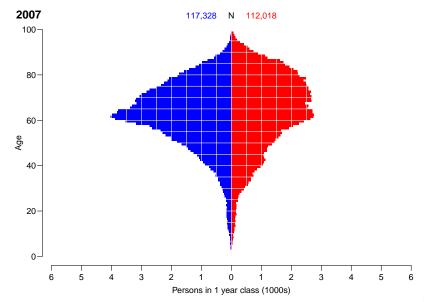


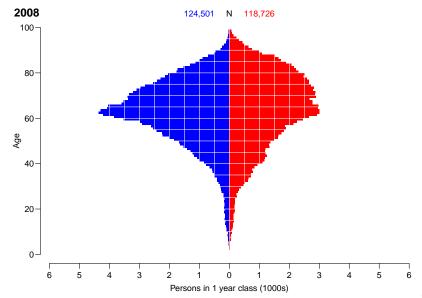


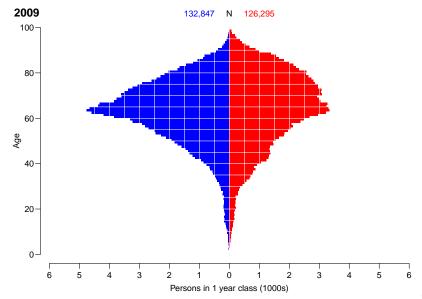


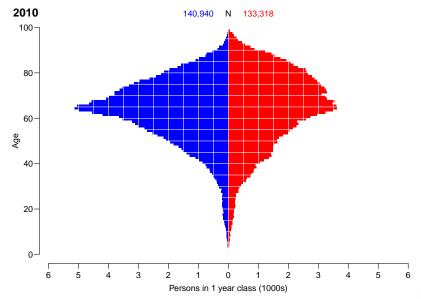


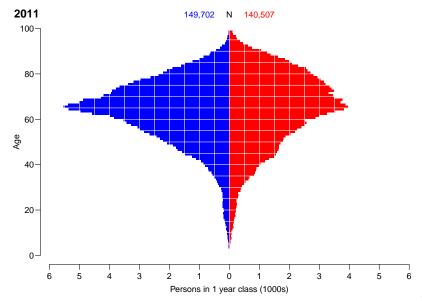


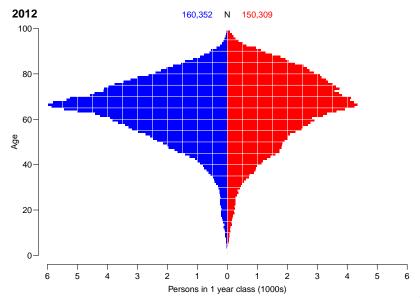




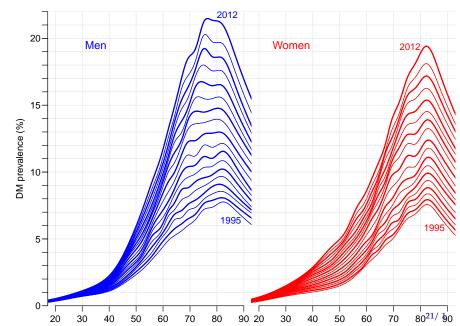








# Prevalence of diabetes — % by age



Deaths and person-years of follow-up among diabetics tabulated by age and period at follow-up in 1-year classes.

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- Corresponding mortality figures from Statistics Denmark. Deaths and person-years from the diabetes cohort subtracted.

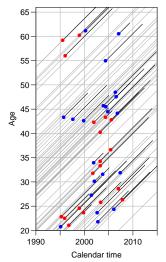
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- SMR analysed using dataset amended by mortality among non-DM persons, using interaction between DM / non-DM and age / duration.

#### Number of deaths — imbalance

Incident cases

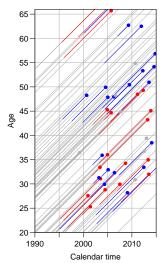
Year	New cases	Deaths	Surplus
1995	14,874	7,377	7,497
1996	15,385	7,147	8,238
1997	15,438	7,366	8,072
1998	16,842	7,457	9,385
1999	17,853	8,058	9,795
2000	18,480	8,242	10,238
2001	19,675	8,521	11,154
2002	21,948	9,072	12,876
2003	23,712	9,427	14,285
2004	23,927	9,421	14,506
2005	22,186	9,879	12,307
2006	23,001	10,227	12,774
2007	24,477	10,544	13,933
2008	26,648	10,647	16,001
2009	26,639	11,455	15,184
2010	27,770	11,767	16,003
2011	32,374	11,782	20,592



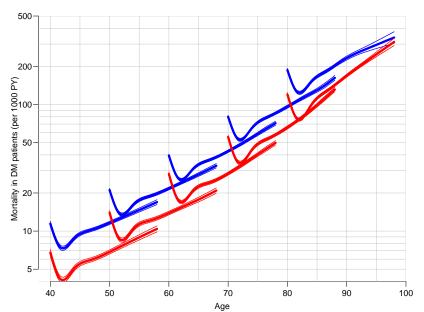
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2005	22,186	9,879	12,307
2006	23,001	10,227	12,774
2007	24,477	10,544	13,933
2008	26,648	10,647	16,001
2009	26,639	11,455	15,184
2010	27,770	11,767	16,003
2011	32,374	11,782	20,592

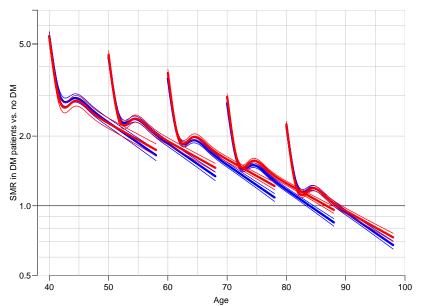
#### Mortality



# Mortality among DM patients



# SMR relative to persons without DM



Mortality in DM patients increases exponentially by age.

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- ▶ Decreasing by time: 4.0/3.8%/year (non-DM: 2.8/2.4)

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- ▶ Decreasing by time: 4.0/3.8%/year (non-DM: 2.8/2.4)
- ▶ SMR is the same for men and women.
- SMR is 3 at age 45, 1 at 85

- ▶ Population based 1995–2012 (18 years)
- ► Coverage 100%

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- ▶ No selection bias at individual level
- Imprecise diagnostic criteria
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- Mortality and SMR decrease
- Prevalence increases
- Discontinued . . .

# RUKS — Register for Udvalget Kroniske Sygdomme

- NDR only updated until 2012 discontinued
- RUKS comprises:
  - Asthma
  - Dementia
  - COPD
  - Arthitis
  - Osteroporesis
  - Schizophrenia
  - ▶ Diabetes, type 1
  - Diabetes, type 2

#### RUKS definition of T2 DM

- ► Two purchases of OAD (A10B)
- Latest NPR diagnosis is E10 / E11
- Women with PCOS
- Date of T1D debut is the first of:
  - date of first (!) insulin/OAD purchase
  - date of first NPR recording

#### RUKS definition of T1 DM

- ► Two purchases of insulin (A10A)
- ▶ NPR diagnosis E10
- ► Purchase of insulin ±280 days from GDM diagnosis not counted
- Persons classified as T2D excluded
- Date of T1D debut is the first of:
  - date of first (!) insulin purchase
  - date of first NPR recording

## RUKS definition of T1/T2 DM

- ▶ If a person have no recording of insulin/OAD purchase or diagnosis E10 / E11 in NPR, the person is excluded from RUKS.
- Not specified whether the person is excluded from registrations earlier than the 10 year limit.
- Not clear to what extent the register is available as individual records for research purposes.

Merge the Diabetes Register with the Danish Cancer Register.

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- ► Compute the RR of cancer between persons with and without diabetes.

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- ► Compute the RR of cancer between persons with and without diabetes.
- ▶ 25 cancer sites, 2 sexes, age-interaction, duration.

Describe cancer incidence rates among diabetes patients in Denmark.

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- and how rates vary relative to the non-DM population with:

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  - duration of diabetes

- Describe cancer incidence rates among diabetes patients in Denmark.
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  - duration of diabetes
  - duration of insulin use

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- and how rates vary relative to the non-DM population with:
  - duration of diabetes
  - duration of insulin use
- for all types of cancer

- Describe cancer incidence rates among diabetes patients in Denmark.
- and how rates vary relative to the non-DM population with:
  - duration of diabetes
  - duration of insulin use
- for all types of cancer
- and for specific sites of cancer

#### ARTICLE

#### Cancer occurrence in Danish diabetic patients: duration and insulin effects

B. Carstensen · D. R. Witte · S. Friis

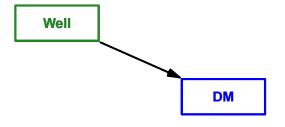
Received: 5 April 2011 / Accepted: 31 October 2011 / Published online: 27 November 2011 © Springer-Verlag 2012

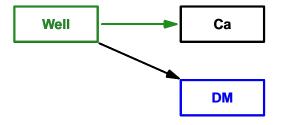
#### Abstract

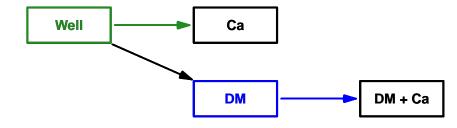
Aims/hypothesis Cancer is more frequent among diabetes patients, but it is unknown how this excess varies with duration of diabetes and insulin use. The aim of this study was to analyse disease data to examine this issue further. Methods We linked the Danish National Diabetes Register and Cancer Registry and performed a cohort analysis of the entire Danish population by diabetes status, duration of diabetes and insulin use, comparing cancer incidence rates in diabetic patients with the non-diabetic population for the 15 year period 1995-2009, using Poisson regression with natural splines to describe the variation by duration.

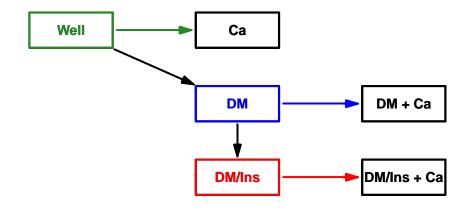
population decreased from over 2 at diagnosis to 1.15 after 2 years of diabetes duration. The cancer incidence rate ratio was higher among patients using insulin, decreasing from 5 at the start of insulin treatment to about 1.25 after 5 years of insulin use. Among non-insulin users, cancers of the stomach, colorectum, liver, pancreas, lung, corpus uteri, kidney and brain, and lymphomas were elevated. Among insulin users the rate ratio of prostate cancer was decreasing by duration whereas we found higher risk of cancer of the stomach, lung, liver, pancreas and kidney. Breast cancer incidence rates were not affected by either diabetes or 33/1 insulin use.

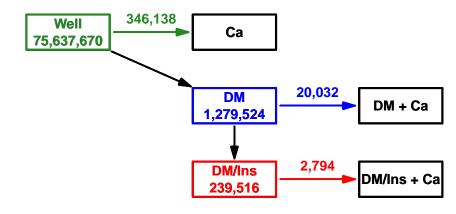
Well

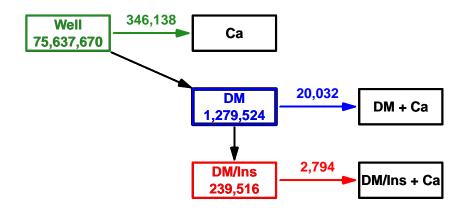


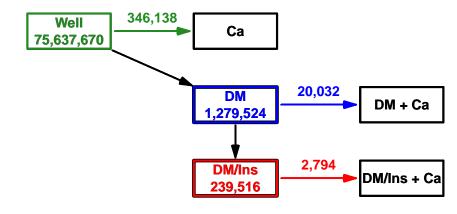












Persons are followed 1 Jan 1995 to:

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event: first primary cancer of a given type

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censoring:

diagnosis of any other primary cancer

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event: first primary cancer of a given type

censoring:

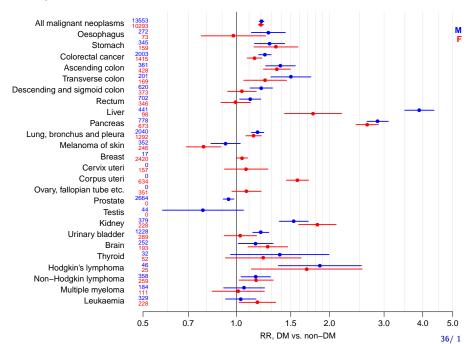
- diagnosis of any other primary cancer
- death

Persons are followed 1 Jan 1995 to:

event: first primary cancer of a given type

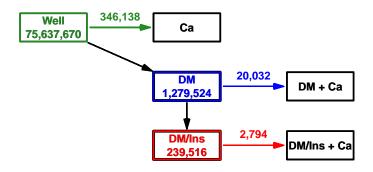
censoring:

- diagnosis of any other primary cancer
- death
- ▶ 31 Dec 2009

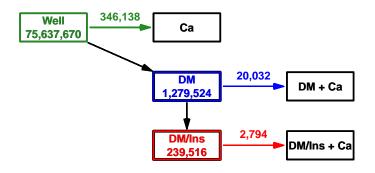


 $rate = f(age) \times g(date of FU) \times h(date of birth)$ 

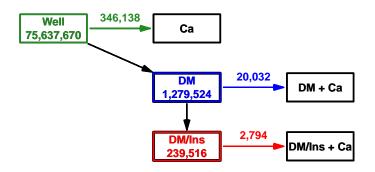
$$rate = f(age) \times g(date of FU) \times h(date of birth)$$

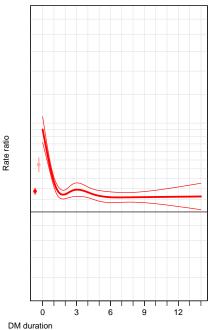


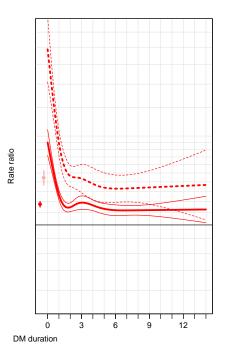
rate 
$$= f(\text{age}) \times g(\text{date of FU}) \times h(\text{date of birth}) \times t(\text{DM-duration})$$



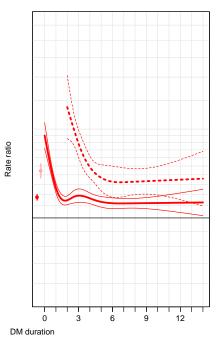
```
rate = f(\text{age}) \times g(\text{date of FU}) \times h(\text{date of birth}) \times t(\text{DM-duration}) \times s(\text{Ins-duration})
```



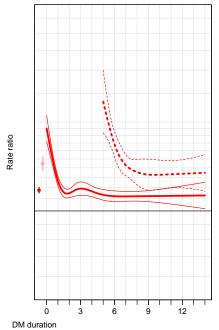


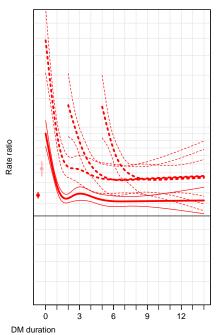


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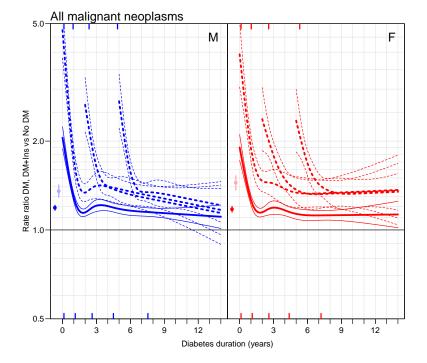


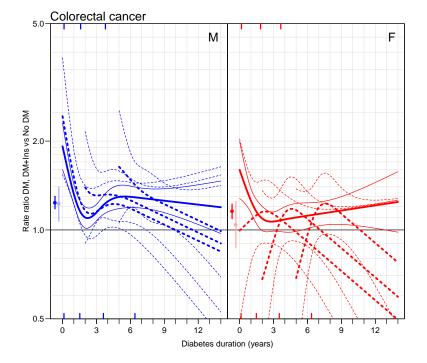
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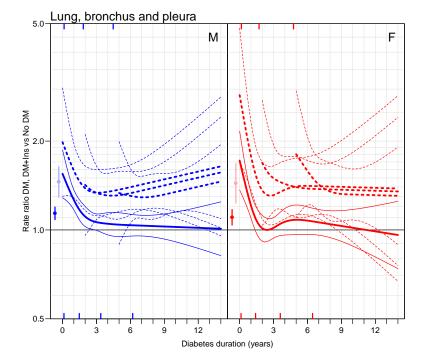


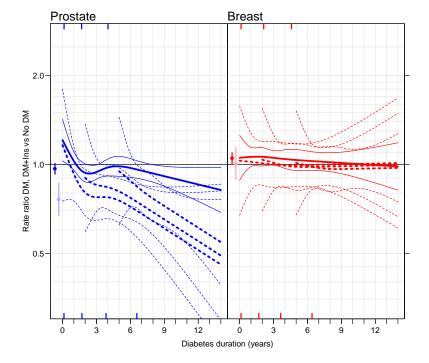


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#### DIABETES AND OTHER DISEASES-EMERGING ASSOCIATIONS (JJ NOLAN, SECTION EDITOR)

#### The Epidemiology of Diabetes and Cancer

Bendix Carstensen · Marit Eika Jørgensen · Søren Friis

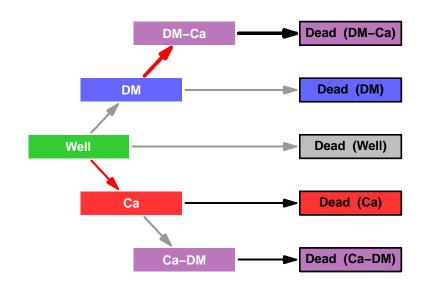
C Springer Science+Business Media New York 2014

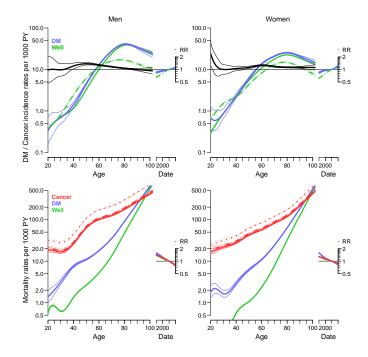
Abstract The literature on cancer occurrence in persons with diabetes has almost invariably been concerned with relative measures. In this paper, we briefly review this, but the aim is to quantify the absolute occurrence of diabetes and cancer in the population in order to give a fuller picture, which also includes the competing mortality risk. Overall, we find that some 35 % of the population will have a diagnosis of diabetes in their lifetime, 44 % a diagnosis of cancer, and about 15 % will have both diagnoses. The impact of differing mortality between persons with and without diabetes is illustrated by the fact that a person without diabetes at age 50 has a smaller lifetime risk of cancer than a person aged 50 with diabetes. Thus, the differences in cancer occurrence between persons with and without diabetes are of quantitatively smaller importance than the differences in mortality.

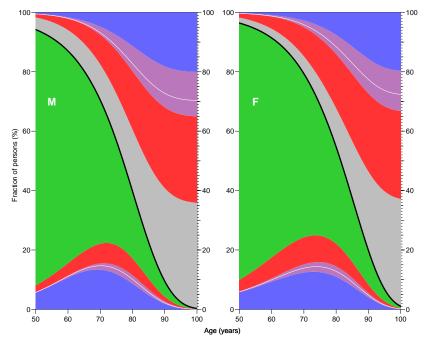
#### Introduction

The link between diabetes and cancer occurrence is well established, and comprehensive population-based studies have demonstrated that the association relates to both cancer incidence and mortality [1–3]. Recently, an increasing number of studies have examined cancer incidence among patients with diabetes, particularly following the report in 2009 of a potential association between the insulin analog glargine and cancer risk [4–7]. The majority of the studies have focused on comparisons of cancer incidence among diabetes patients using different antidiabetic regimes. However, these studies are prone to bias due to confounding by indication, as illustrated convincingly by Andersson et al. [8••] who reported that the use of any type of antidiabetic drug, whether insulins of

## **Demography: Life time risk**







# **Demography: Cumulative risk**

