

Changes in Diabetes prevalence: Decreasing mortality or Increasing incidence?

Bendix Carstensen

Steno Diabetes Center

& Department of Biostatistics, University of Copenhagen

bxc@steno.dk

<http://BendixCarstensen.com>

ECE

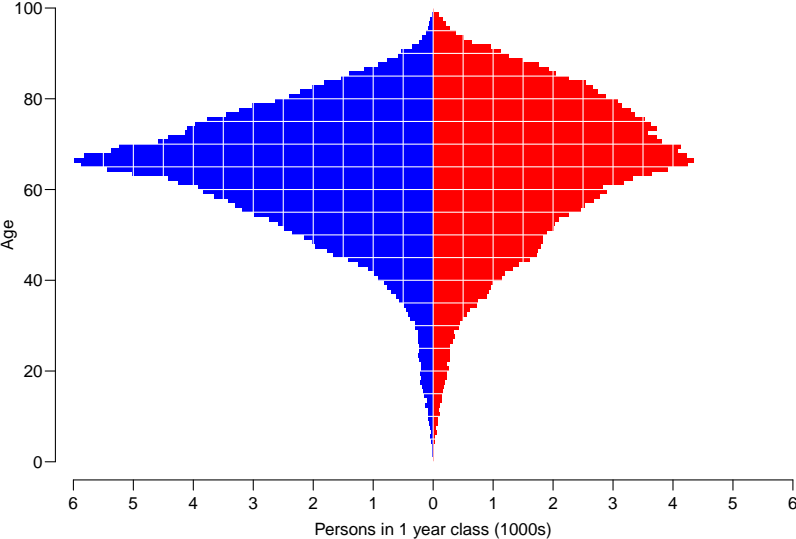
Århus, August 2013

<http://BendixCarstensen.com/DMreg/Prevalence>

DM patients in Denmark, 2012

2012

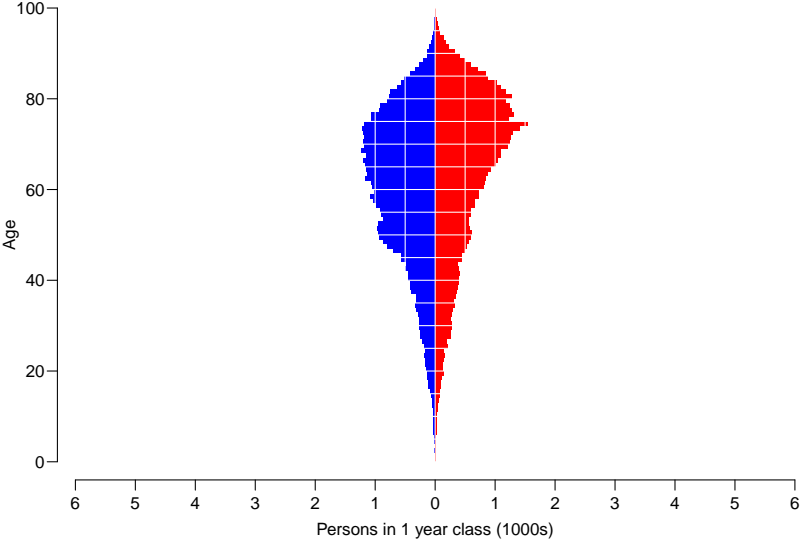
160,352 N 150,309



Prevalence of DM in Denmark.

1995

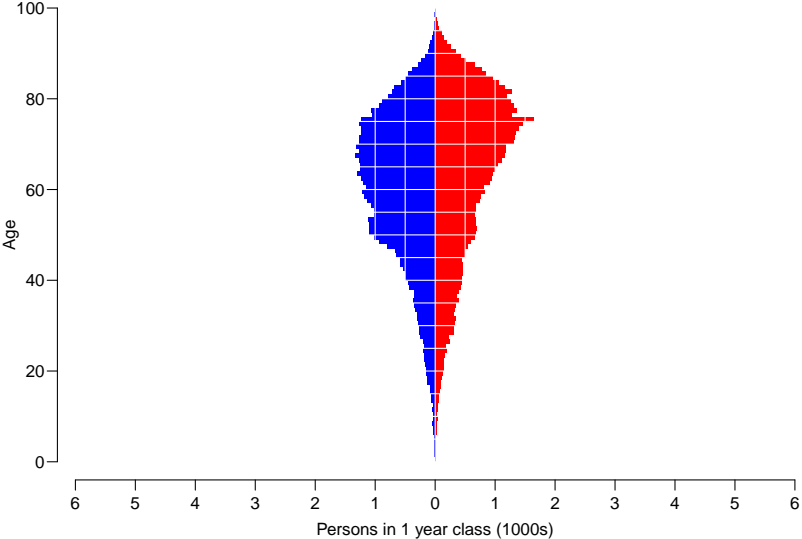
49,438 N 49,126



Prevalence of DM in Denmark.

1996

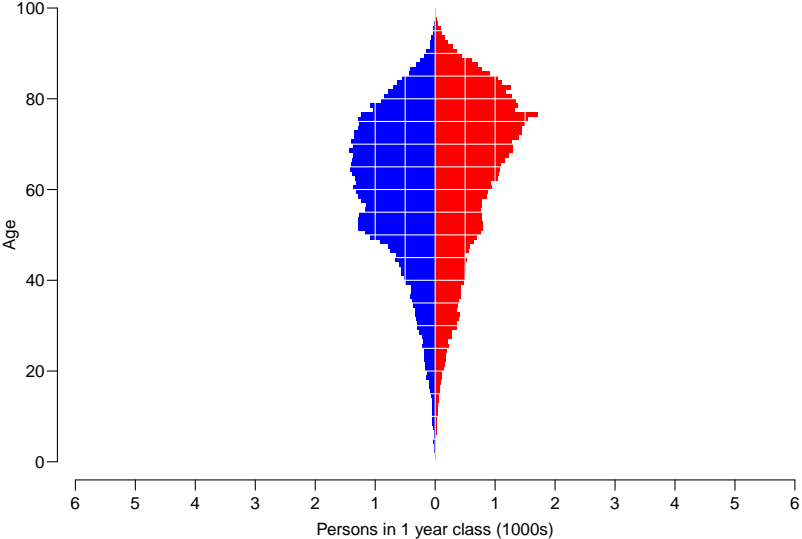
53,443 N 52,631



Prevalence of DM in Denmark.

1997

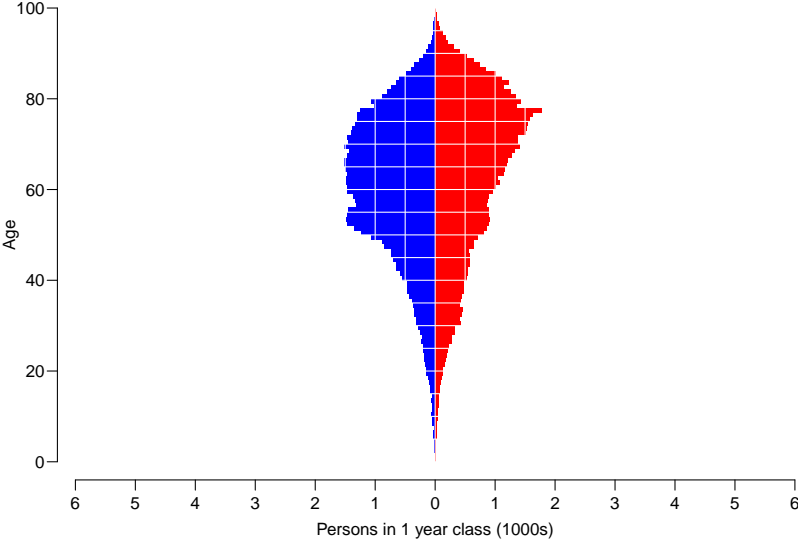
57,739 N 56,551



Prevalence of DM in Denmark.

1998

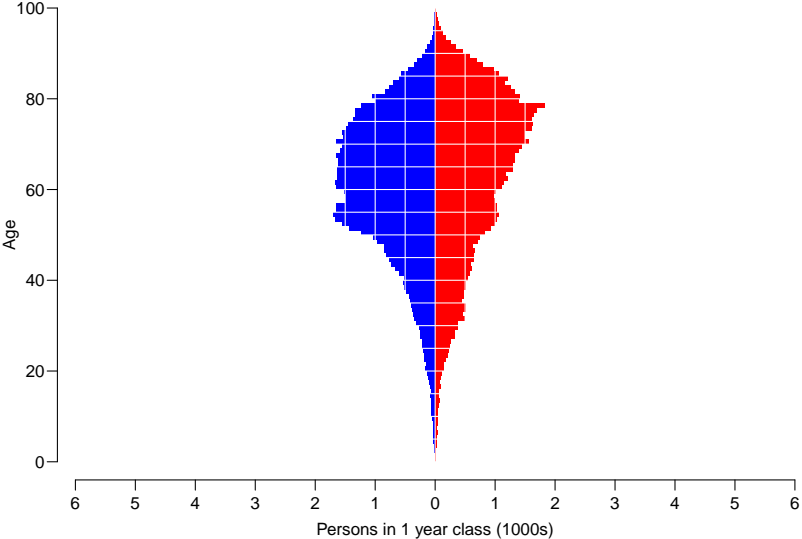
61,832 N 60,522



Prevalence of DM in Denmark.

1999

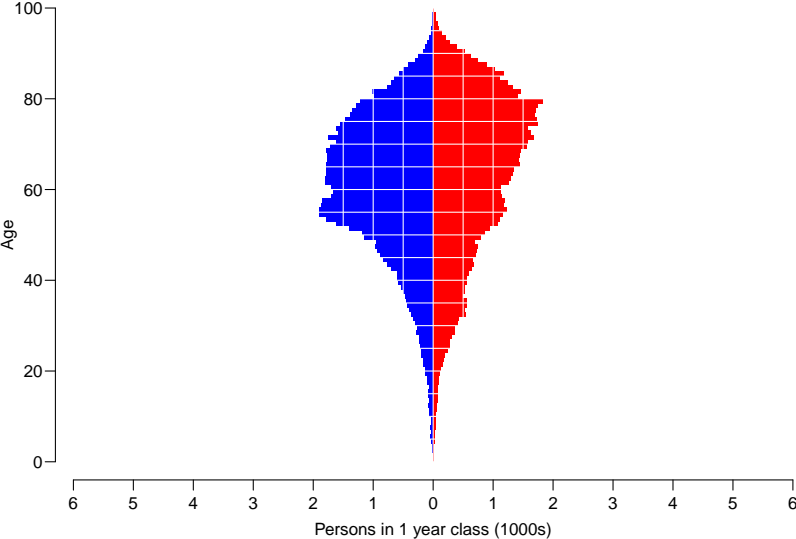
66,746 N 64,974



Prevalence of DM in Denmark.

2000

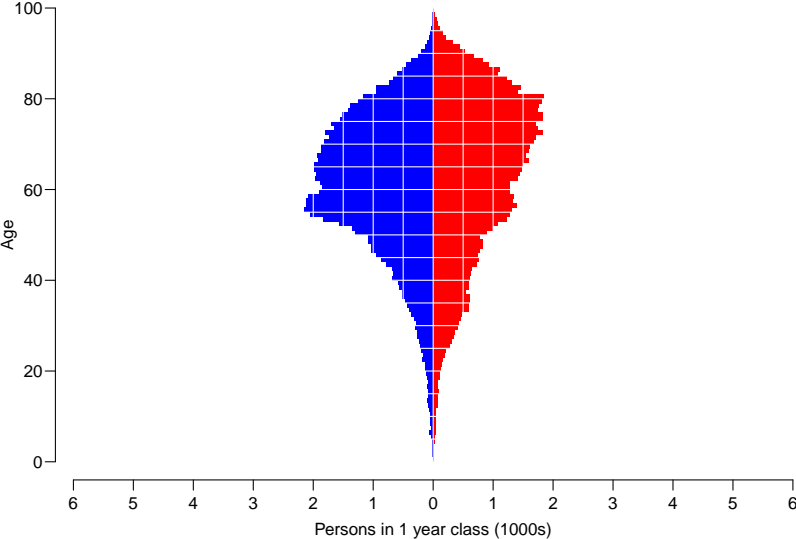
71,798 N 69,692



Prevalence of DM in Denmark.

2001

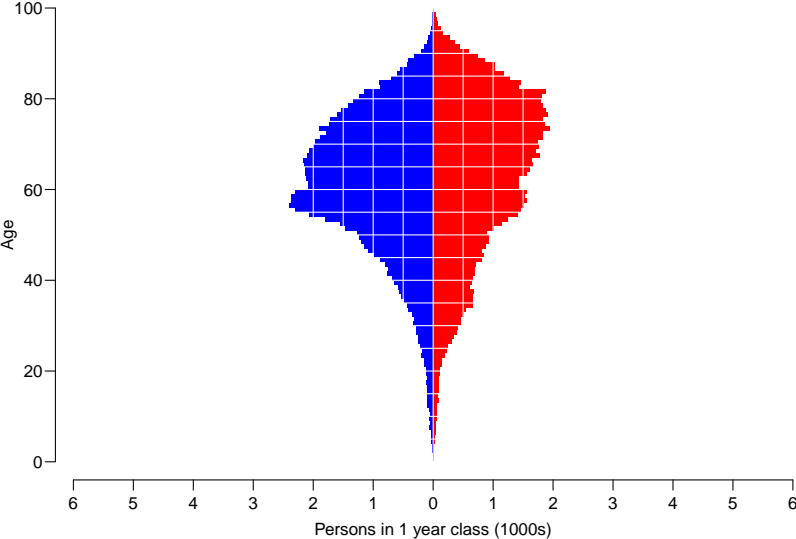
77,120 N 74,570



Prevalence of DM in Denmark.

2002

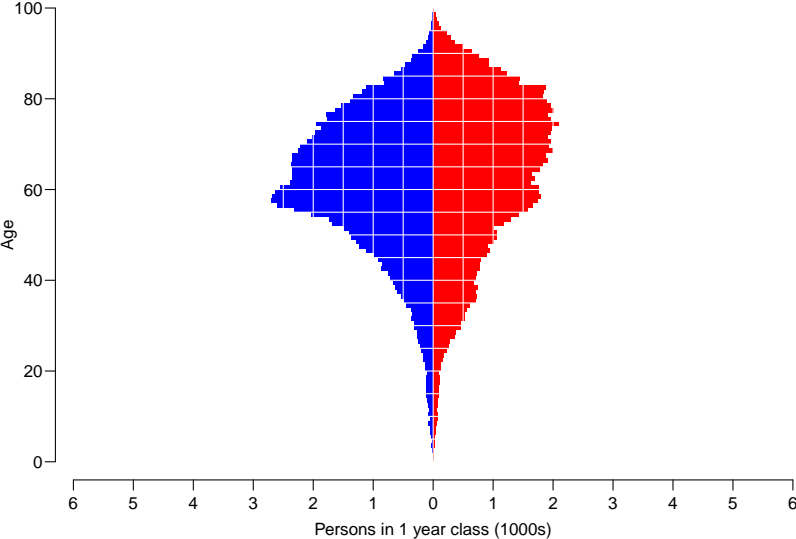
82,914 N 79,895



Prevalence of DM in Denmark.

2003

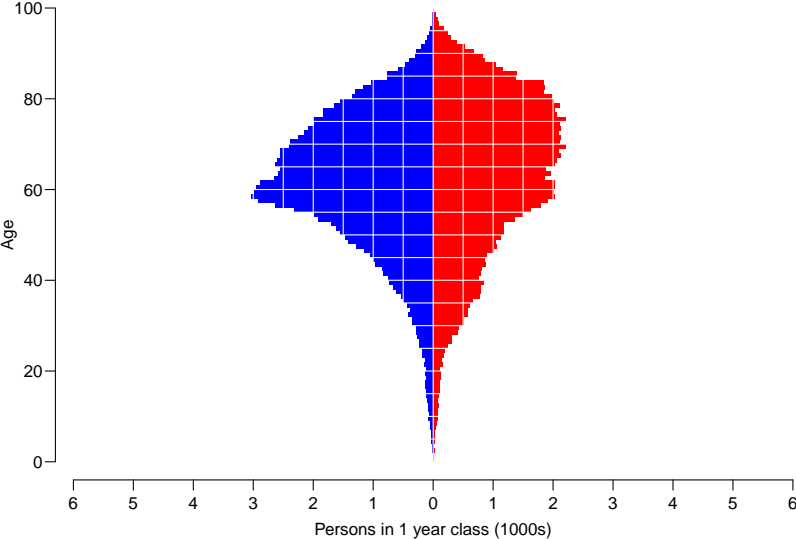
89,291 N 86,364



Prevalence of DM in Denmark.

2004

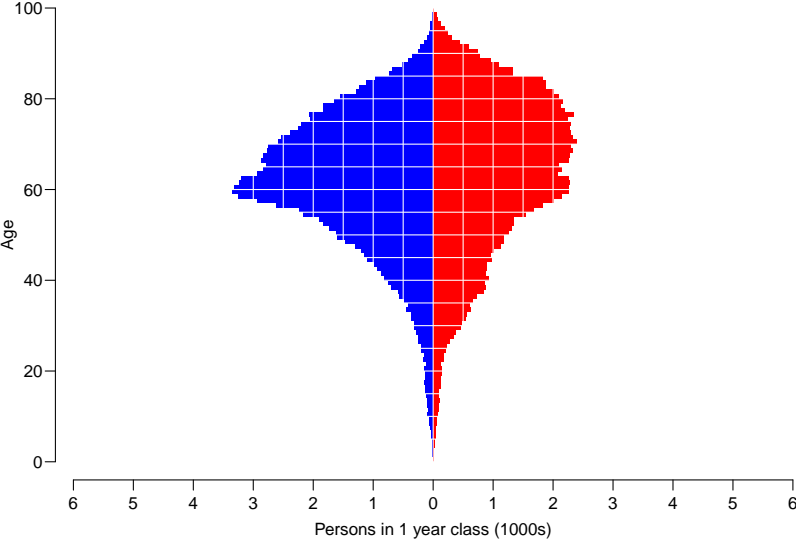
96,706 N 93,199



Prevalence of DM in Denmark.

2005

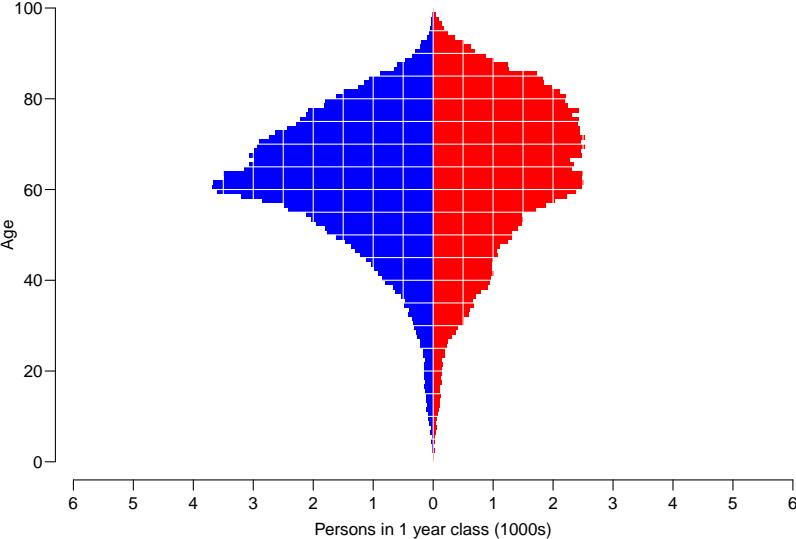
104,149 N 100,227



Prevalence of DM in Denmark.

2006

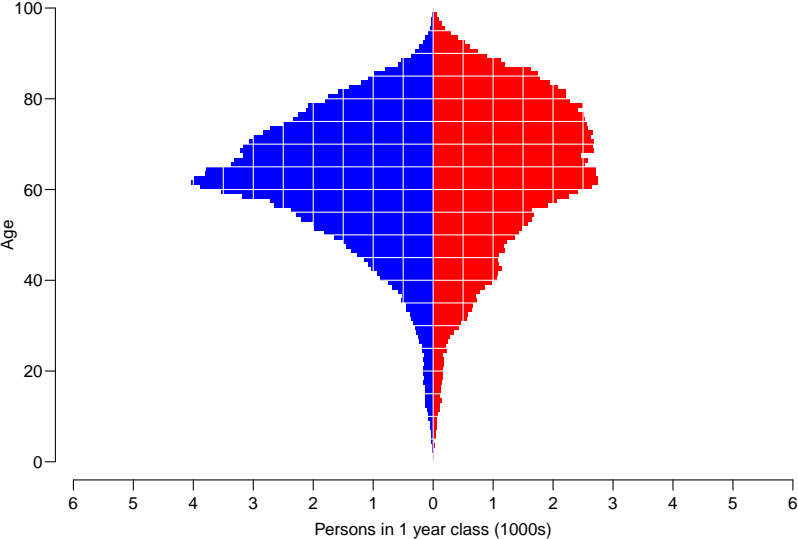
110,581 N 106,028



Prevalence of DM in Denmark.

2007

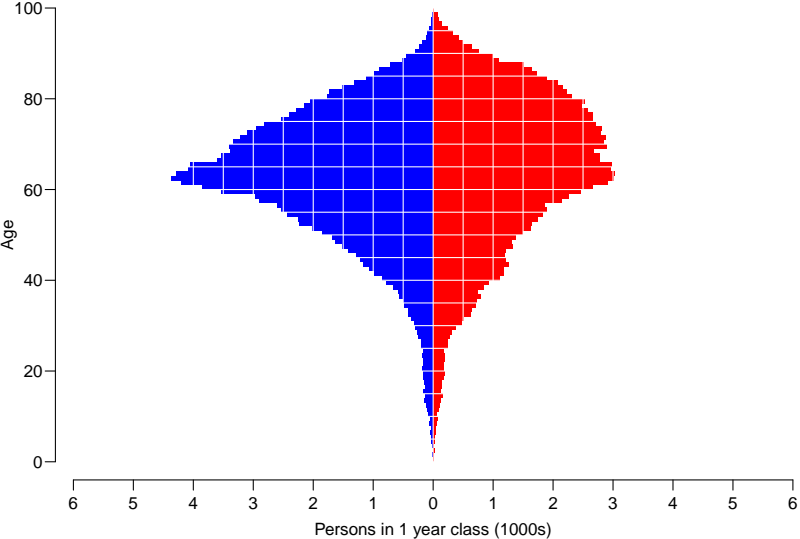
117,328 N 112,018



Prevalence of DM in Denmark.

2008

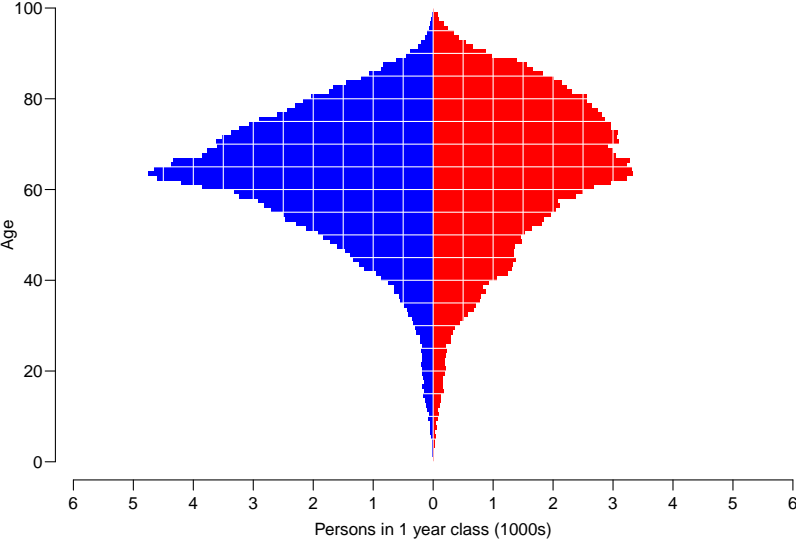
124,501 N 118,726



Prevalence of DM in Denmark.

2009

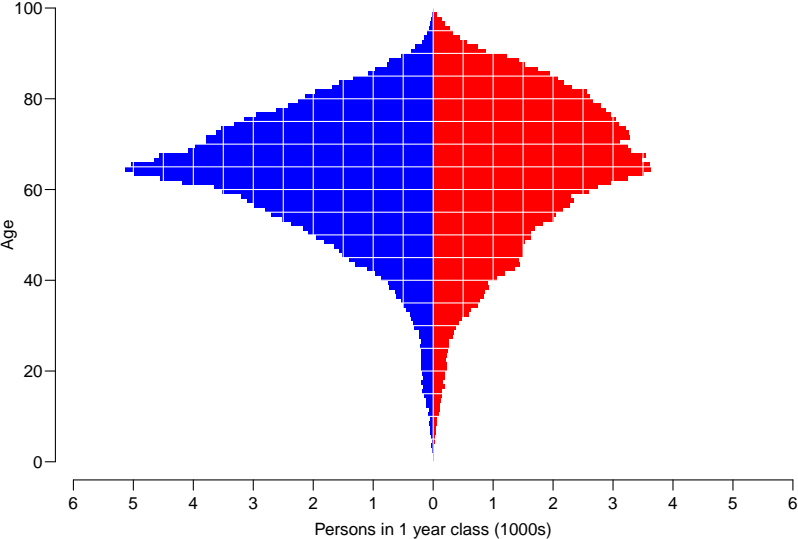
132,847 N 126,295



Prevalence of DM in Denmark.

2010

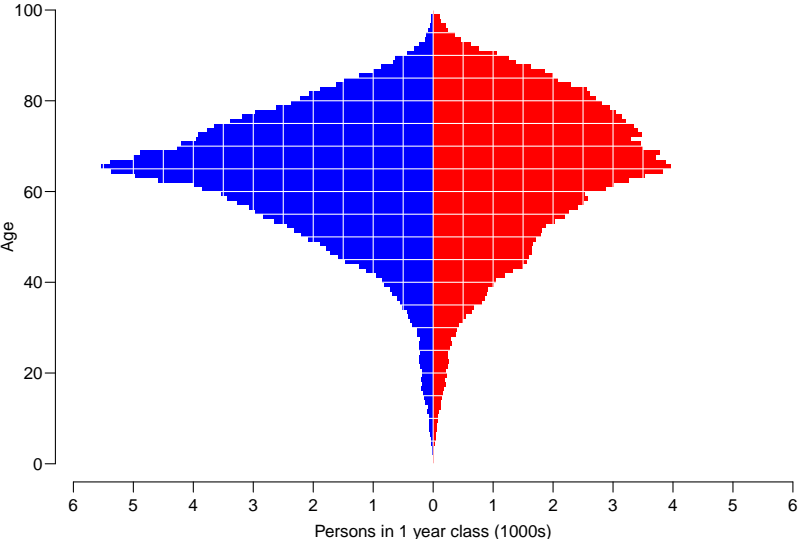
140,940 N 133,318



Prevalence of DM in Denmark.

2011

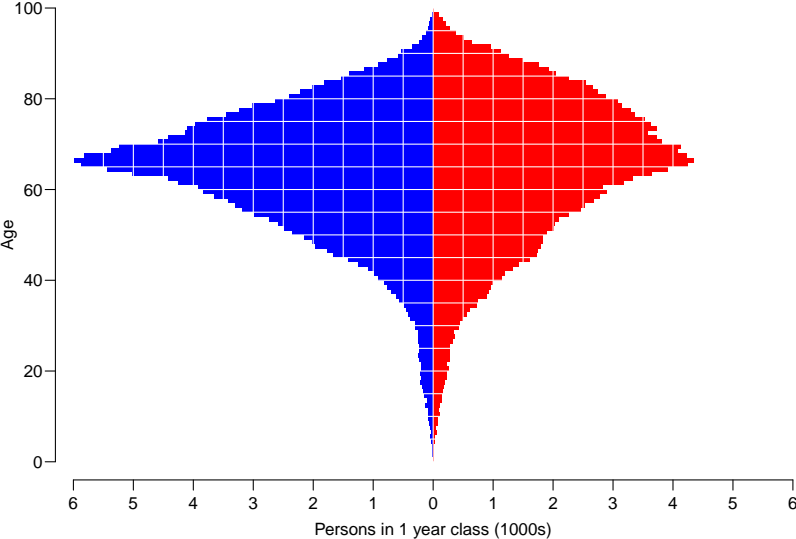
149,702 N 140,507



Prevalence of DM in Denmark.

2012

160,352 N 150,309



Where do the changes come from?

The period 1995–2012 for **men** resp. **women**:

Where do the changes come from?

The period 1995–2012 for **men** resp. **women**:

- ▶ Increasing diabetes incidence:
3.8%, 4.1% per year

Where do the changes come from?

The period 1995–2012 for **men** resp. **women**:

- ▶ Increasing diabetes incidence:
3.8%, 4.1% per year
- ▶ Decreasing mortality:
non-DM: 2.9%, 2.4% per year
DM-ptt: 4.0%, 3.8% per year

Where do the changes come from?

The period 1995–2012 for **men** resp. **women**:

- ▶ Increasing diabetes incidence:
3.8%, 4.1% per year
- ▶ Decreasing mortality:
non-DM: 2.9%, 2.4% per year
DM-ptt: 4.0%, 3.8% per year
- ▶ Aim:

How much can each factor explain?

Where do the changes come from?

The period 1995–2012 for **men** resp. **women**:

- ▶ Increasing diabetes incidence:

3.8%, 4.1% per year

- ▶ Decreasing mortality:

non-DM: 2.9%, 2.4% per year

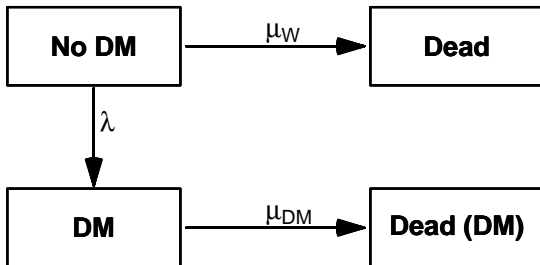
DM-ptt: 4.0%, 3.8% per year

- ▶ Aim:

How much can each factor explain?

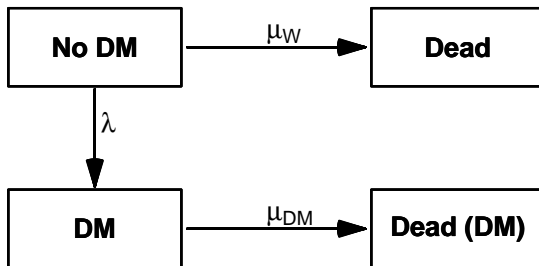
- ▶ Look at age-specific **prevalences**,
not the **numbers** of DM-patients.

DM prevalence prediction



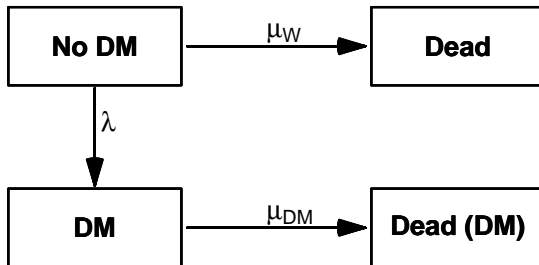
- ▶ Rates all modeled by APC-models with spline terms

DM prevalence prediction



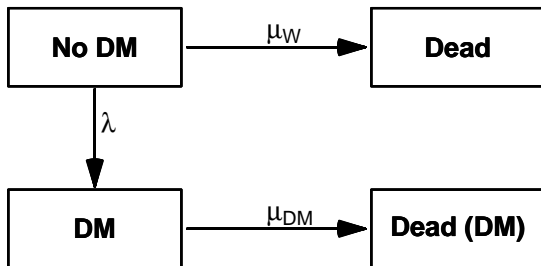
- ▶ Rates all modeled by APC-models with spline terms
- ▶ If we know

DM prevalence prediction



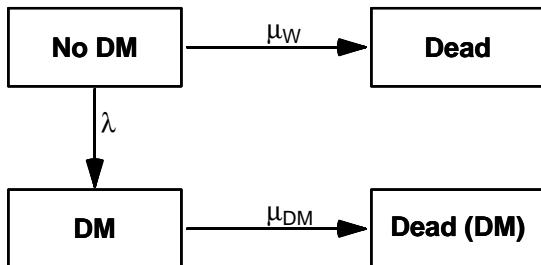
- ▶ Rates all modeled by APC-models with spline terms
- ▶ If we know
 - ▶ prevalence of DM in 1995

DM prevalence prediction



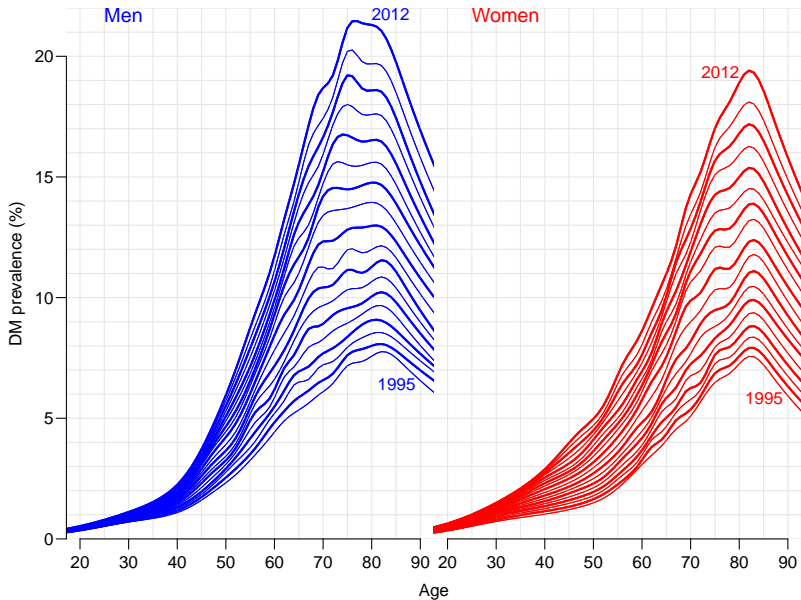
- ▶ Rates all modeled by APC-models with spline terms
- ▶ If we know
 - ▶ prevalence of DM in 1995
 - ▶ the rates in the period 1.1.1995-1.1.2012

DM prevalence prediction



- ▶ Rates all modeled by APC-models with spline terms
- ▶ If we know
 - ▶ prevalence of DM in 1995
 - ▶ the rates in the period 1.1.1995-1.1.2012
- ▶ —then we can predict prevalences at 1.1.2012

Age-specific prevalences 1995–2012:



Updating age-specific prevalences:

Each step has as input (year y):

Updating age-specific prevalences:

Each step has as input (year y):

- ▶ Prevalences at 1 Jan
- ▶ Mortality rates for the year
- ▶ Incidence rates for the year

Updating age-specific prevalences:

Each step has as input (year y):

- ▶ Prevalences at 1 Jan
- ▶ Mortality rates for the year
- ▶ Incidence rates for the year

Outputs age-specific prevalences 1 Jan year $y + 1$

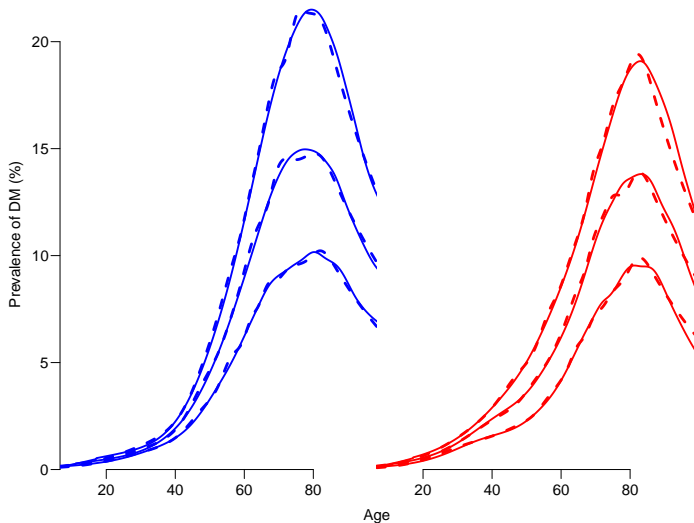
Updating age-specific prevalences:

Each step has as input (year y):

- ▶ Prevalences at 1 Jan
- ▶ Mortality rates for the year
- ▶ Incidence rates for the year

Outputs age-specific prevalences 1 Jan year $y + 1$

Actual updating interval used: 1/10 year



Full: Obs. prevalence 2000, 2006, 2012

Broken: APC-model

DM prevalence components

- ▶ Four scenarios:

DM prevalence components

- ▶ Four scenarios:
 - ▶ Rates develop as observed

DM prevalence components

- ▶ Four scenarios:
 - ▶ Rates develop as observed
 - ▶ Mortality rates fixed at 1995 level

DM prevalence components

- ▶ Four scenarios:
 - ▶ Rates develop as observed
 - ▶ Mortality rates fixed at 1995 level
 - ▶ Incidence rates fixed at 1995 level

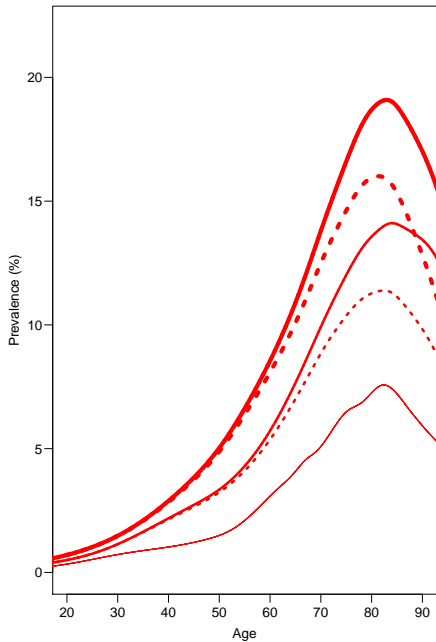
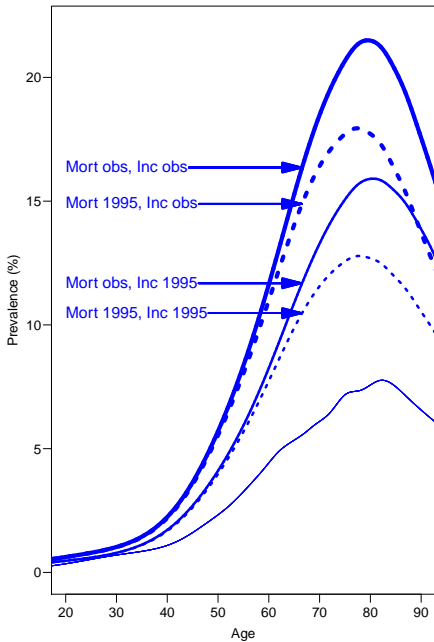
DM prevalence components

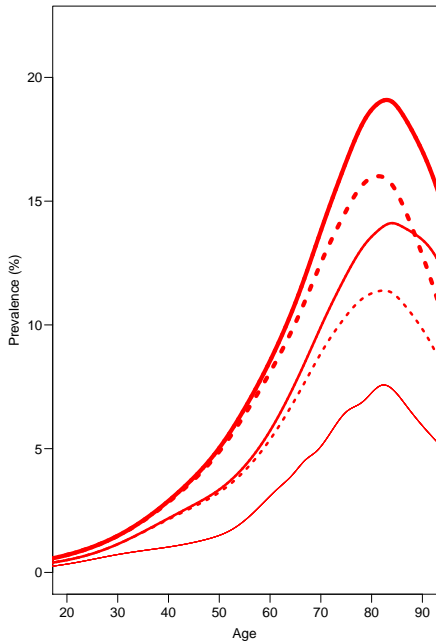
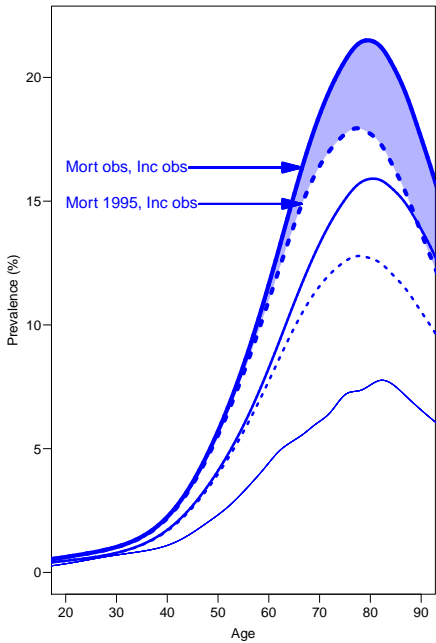
- ▶ Four scenarios:
 - ▶ Rates develop as observed
 - ▶ Mortality rates fixed at 1995 level
 - ▶ Incidence rates fixed at 1995 level
 - ▶ Both mortality and incidence rates fixed at 1995 level

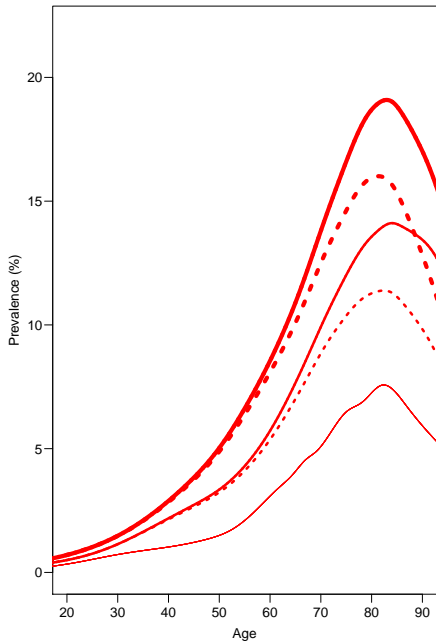
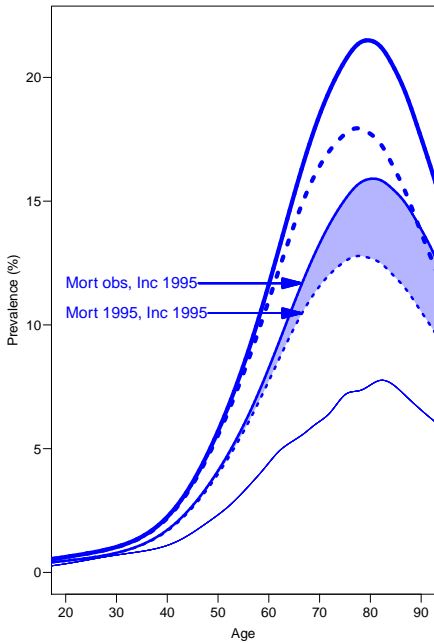
DM prevalence components

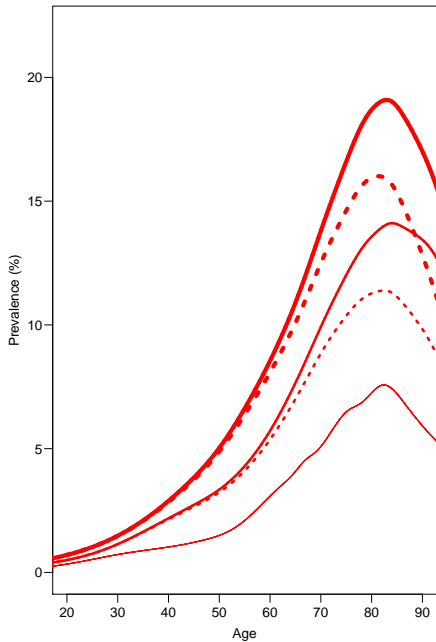
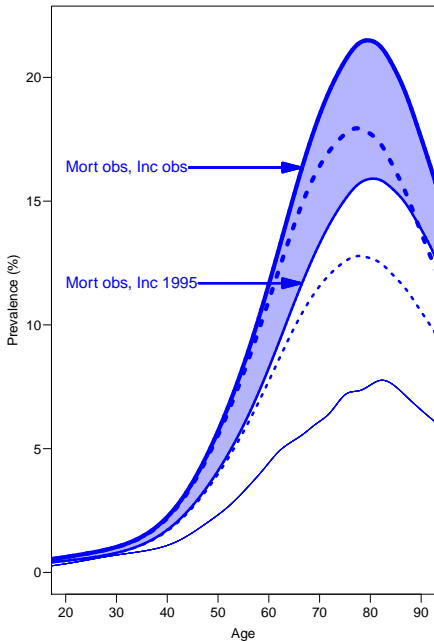
- ▶ Four scenarios:
 - ▶ Rates develop as observed
 - ▶ Mortality rates fixed at 1995 level
 - ▶ Incidence rates fixed at 1995 level
 - ▶ Both mortality and incidence rates fixed at 1995 level
- ▶ Differences between these can be transformed to 4 **components** of prevalence:

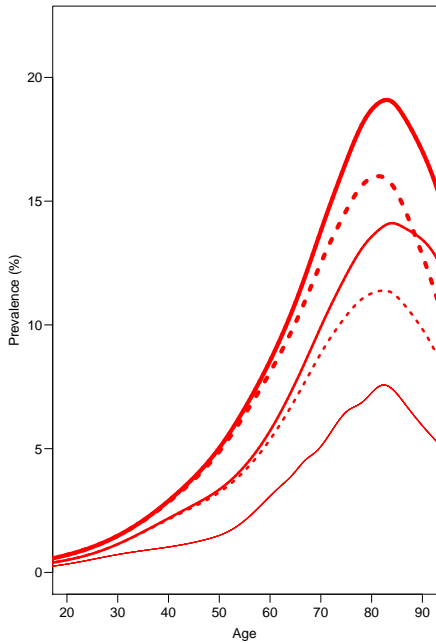
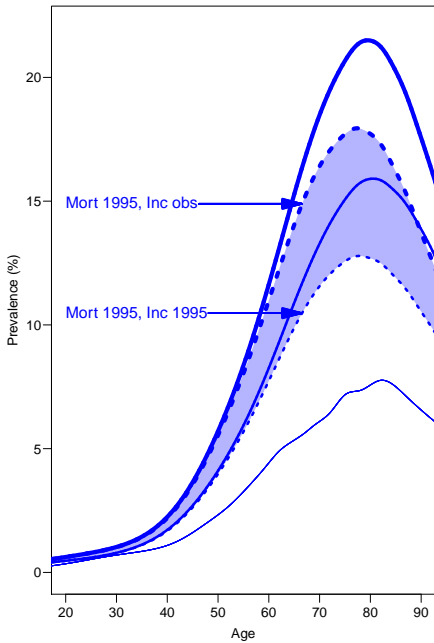
Mort: DM-ptt. alive because of declining mortality
Inc: DM-ptt. because of increasing incidence
Const: DM-ptt. attributable to non-equilibrium in 1995
Org: DM-ptt. corresponding to 1995 age-specific prevalences

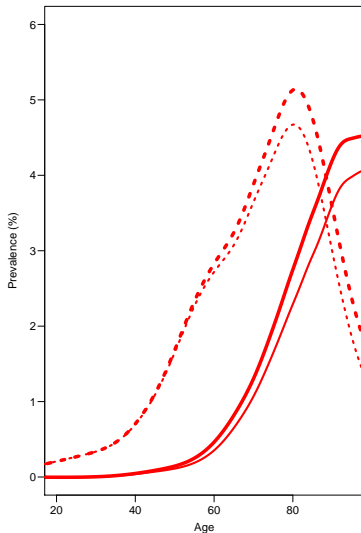
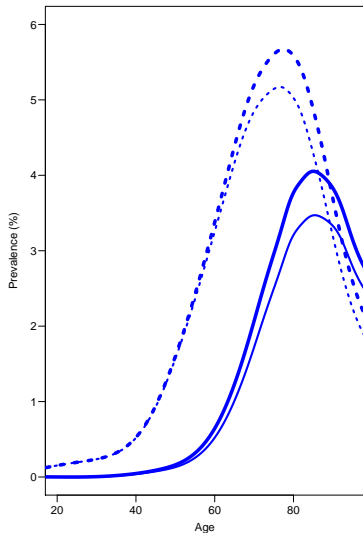






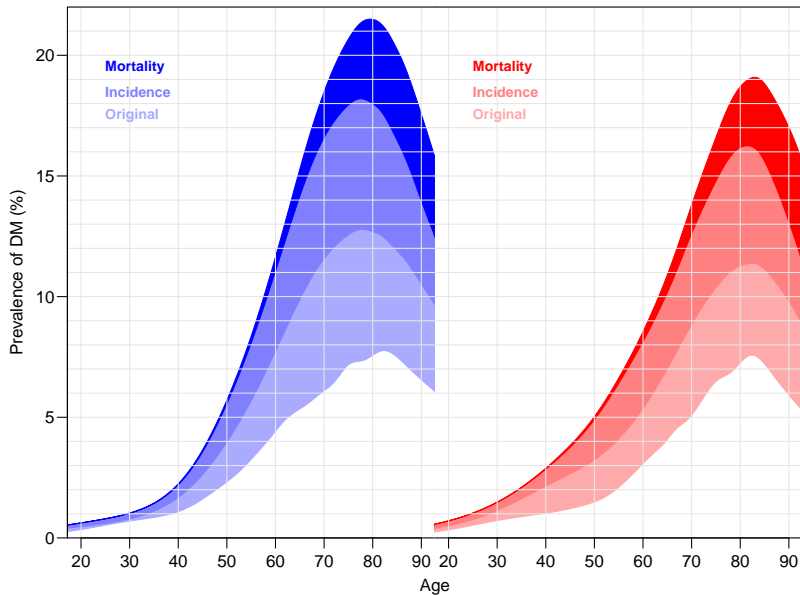






Attributable parts of prevalence:
 Full: Mortality; Broken: Incidence.

Age-specific prevalences, 2012:



How many patients?

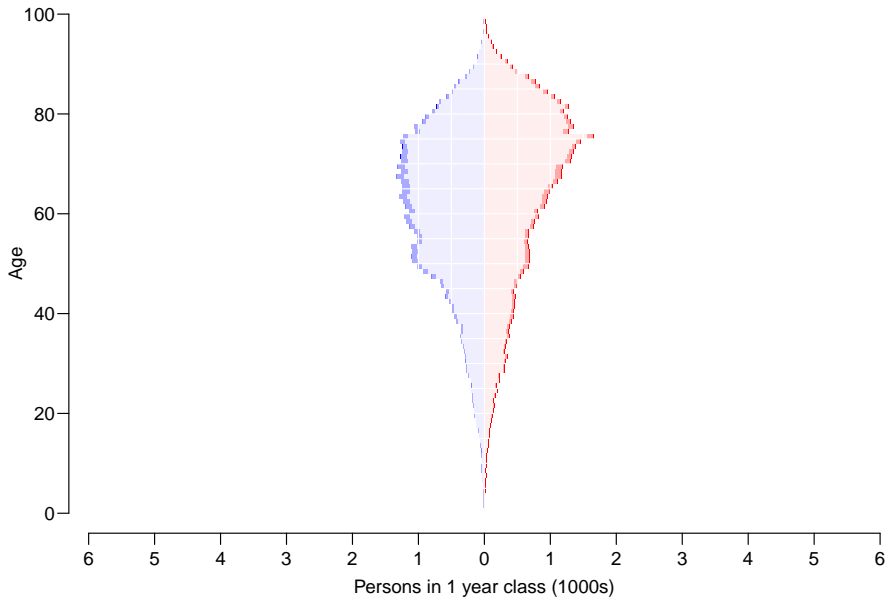
Recover the **number** of patients in each group by multiplying by the corresponding population size.

How many patients?

Recover the **number** of patients in each group by multiplying by the corresponding population size.
This is now done for each year 1996–2012

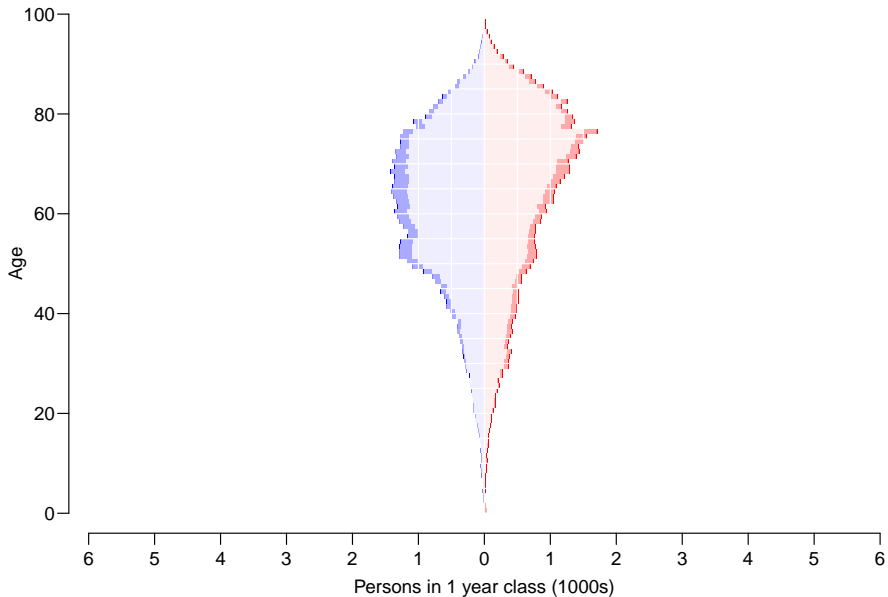
1996

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
45	58	3,623	49,718	53,443		52,631	49,102	3,405	62	62
0.1	0.1	6.8	93.0		%		93.3	6.5	0.1	0.1



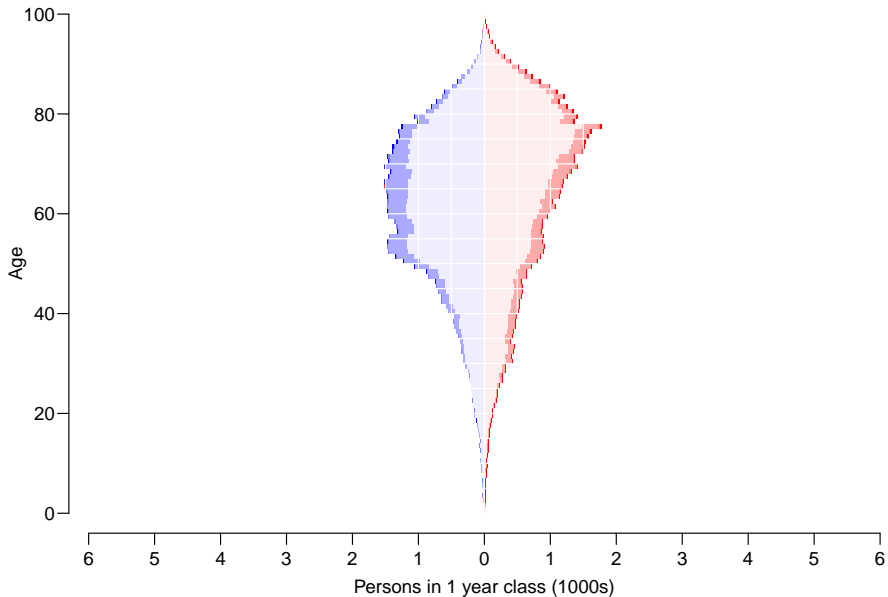
1997

Mort	Inc	Const	Org	All	All	Org	Const	Inc	Mort
189	246	7,062	50,242	57,739	N	56,551	49,427	6,601	263
0.3	0.4	12.2	87.0	%		87.4	11.7	0.5	0.5



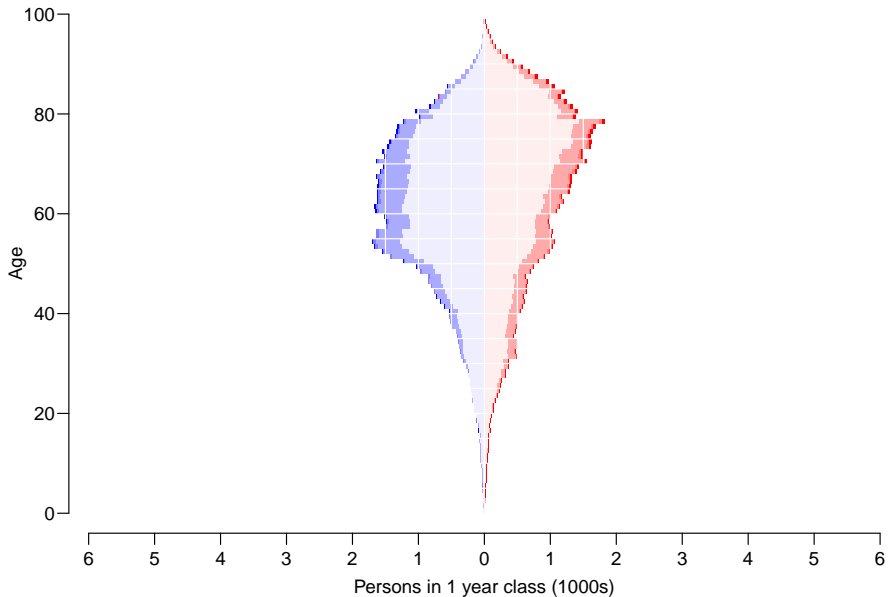
1998

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
430	591	10,246	50,564	61,832		60,522	49,625	9,681	636	581
0.7	1.0	16.6	81.8		%		82.0	16.0	1.1	1.0



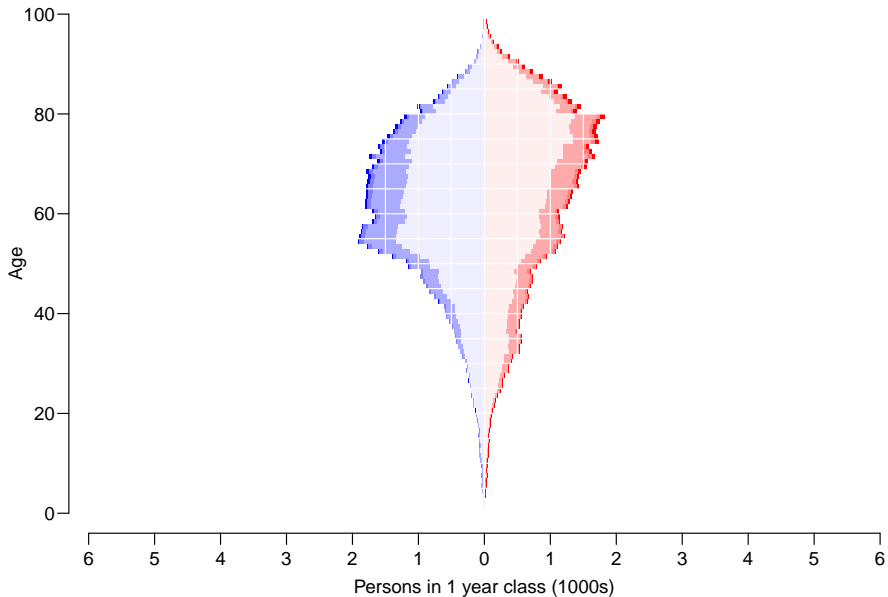
1999

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
767	1,189	13,374	51,417	66,746		64,974	50,046	12,640	1,273	1,015
1.1	1.8	20.0	77.0		%		77.0	19.5	2.0	1.6



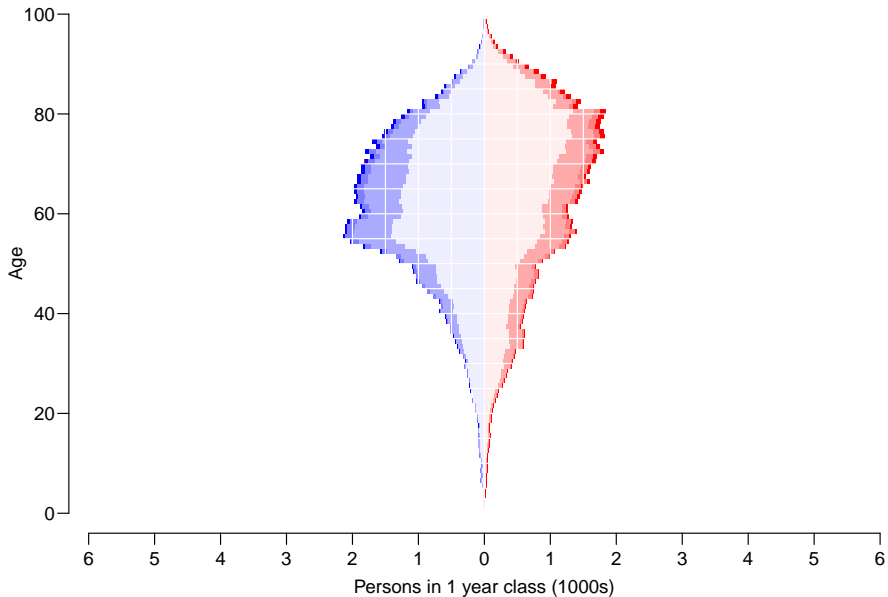
2000

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
1,181	2,187	16,339	52,091	71,798		69,692	50,395	15,430	2,335	1,533
1.6	3.0	22.8	72.6		%		72.3	22.1	3.3	2.2



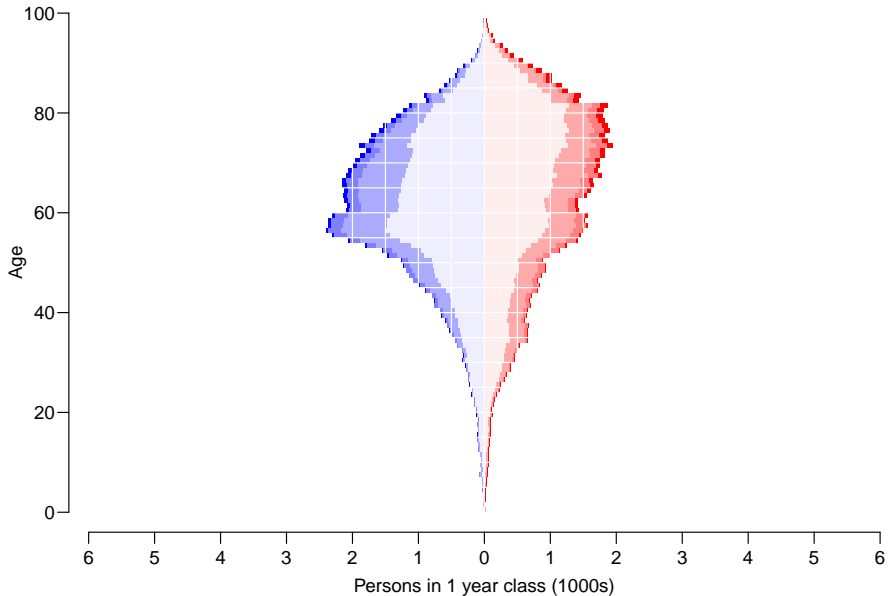
2001

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
1,660	3,765	19,087	52,608	77,120		74,570	50,489	17,978	4,006	2,097
2.2	4.9	24.7	68.2		%		67.7	24.1	5.4	2.8



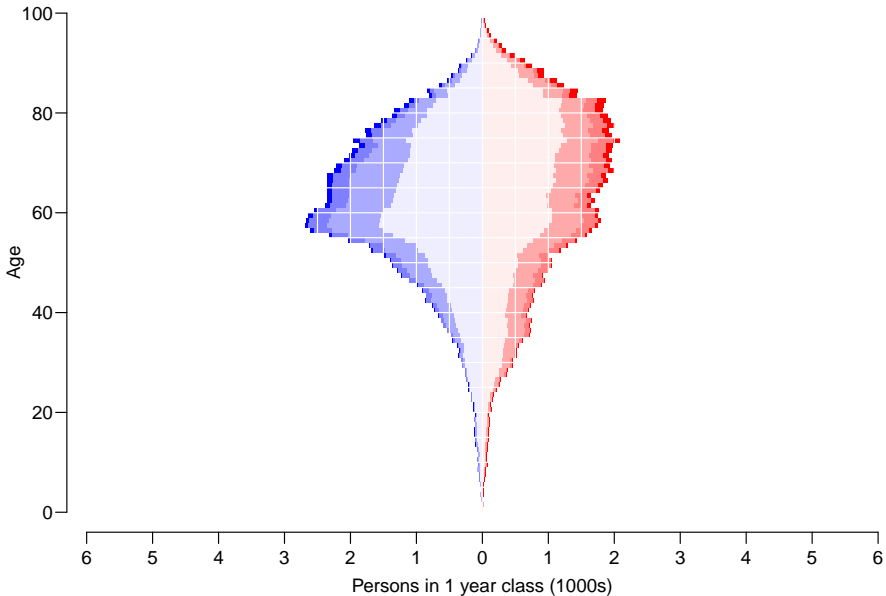
2002

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
2,196	6,005	21,680	53,034	82,914		79,895	50,498	20,339	6,362	2,697
2.6	7.2	26.1	64.0		%		63.2	25.5	8.0	3.4



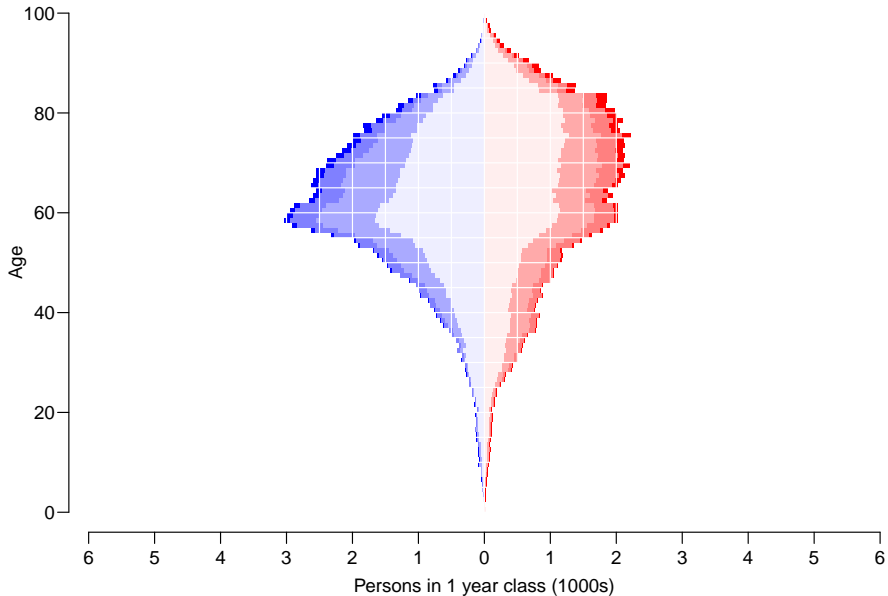
2003

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
2,809	8,808	24,143	53,531	89,291		86,364	50,890	22,759	9,359	3,356
3.1	9.9	27.0	60.0		%		58.9	26.4	10.8	3.9



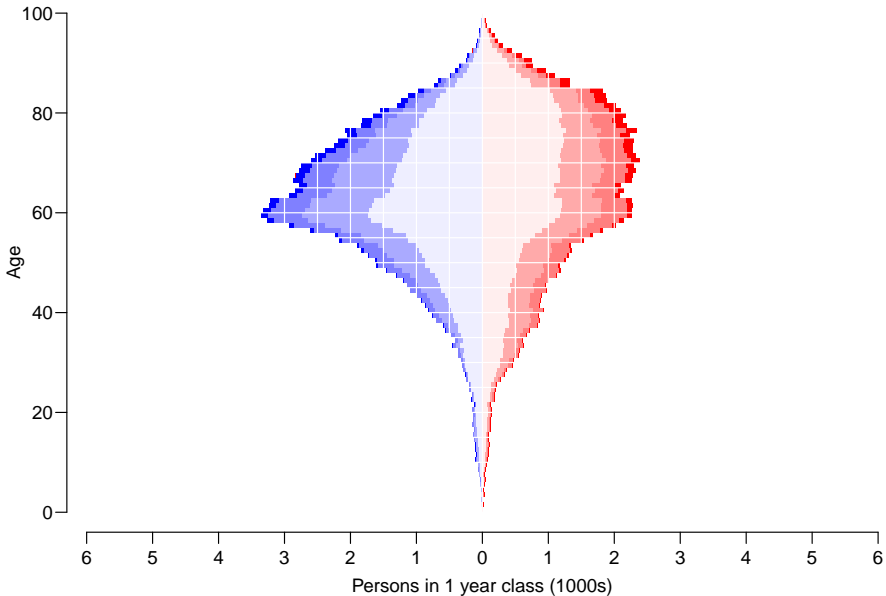
2004

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
3,555	11,954	26,716	54,481	96,706		93,199	51,380	25,082	12,649	4,088
3.7	12.4	27.6	56.3		%		55.1	26.9	13.6	4.4



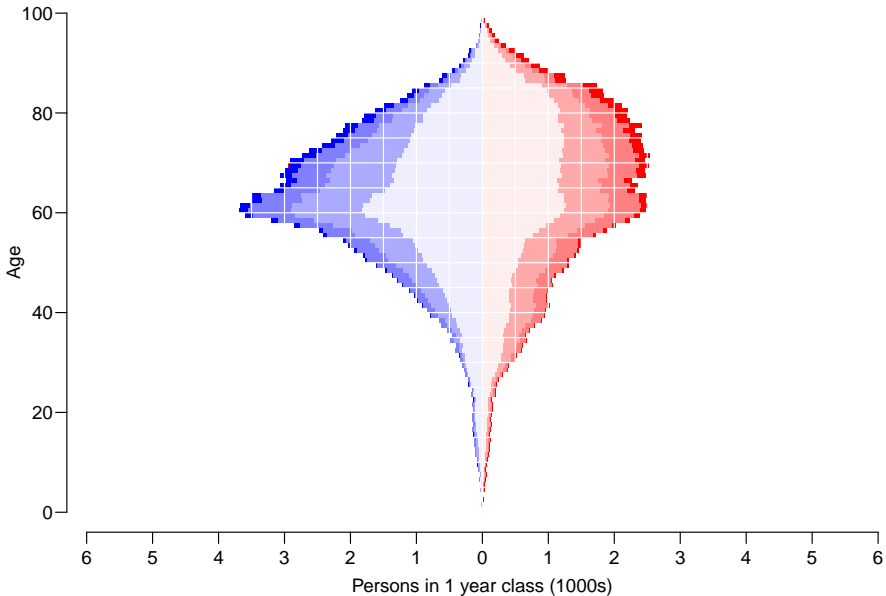
2005

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
4,442	15,062	29,215	55,430	104,149		100,227	52,003	27,400	15,886	4,939
4.3	14.5	28.1	53.2		%		51.9	27.3	15.8	4.9



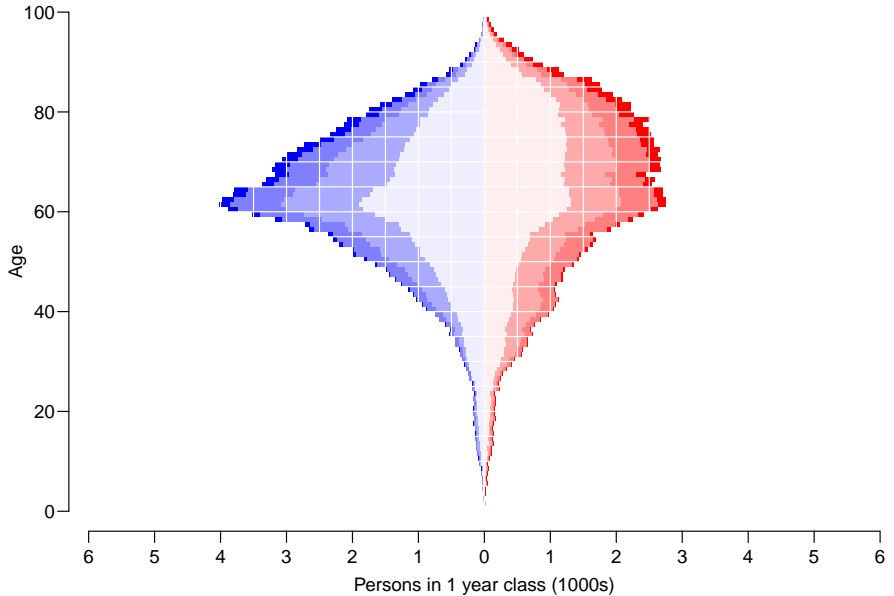
2006

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
5,422	17,861	31,368	55,930	110,581		106,028	52,118	29,361	18,735	5,814
4.9	16.2	28.4	50.6		%		49.2	27.7	17.7	5.5



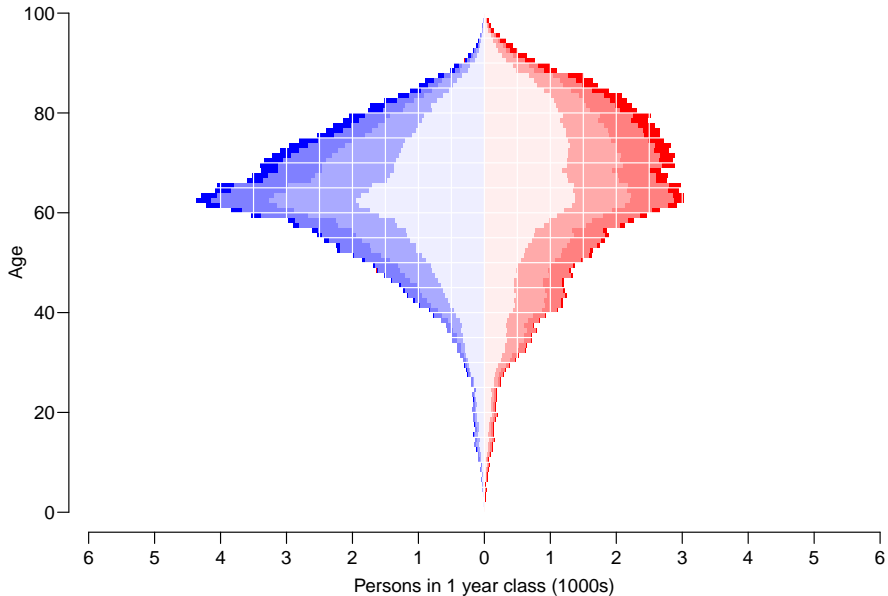
2007

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
6,525	20,655	33,522	56,626	117,328		112,018	52,419	31,330	21,504	6,765
5.6	17.6	28.6	48.3		%		46.8	28.0	19.2	6.0



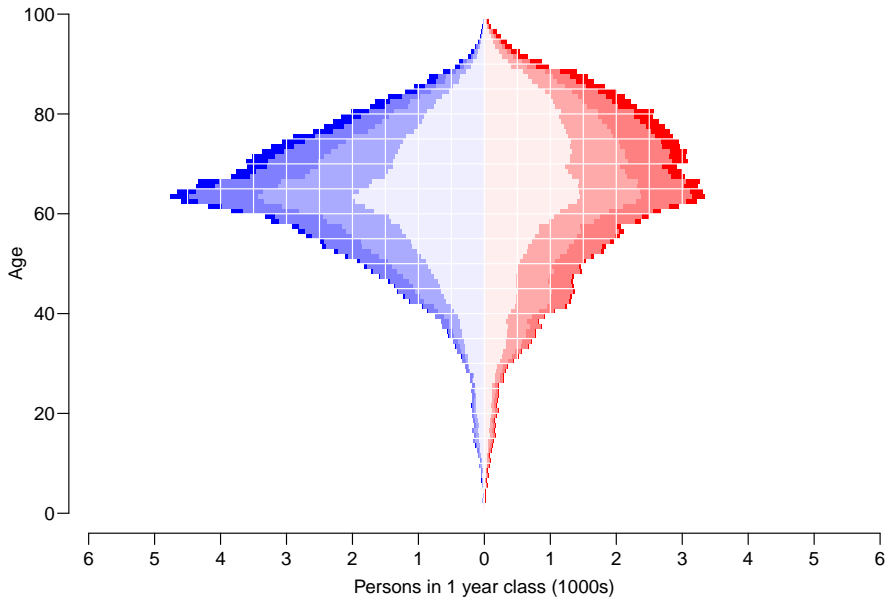
2008

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
7,733	23,708	35,638	57,423	124,501		118,726	53,017	33,381	24,539	7,789
6.2	19.0	28.6	46.1		%		44.7	28.1	20.7	6.6



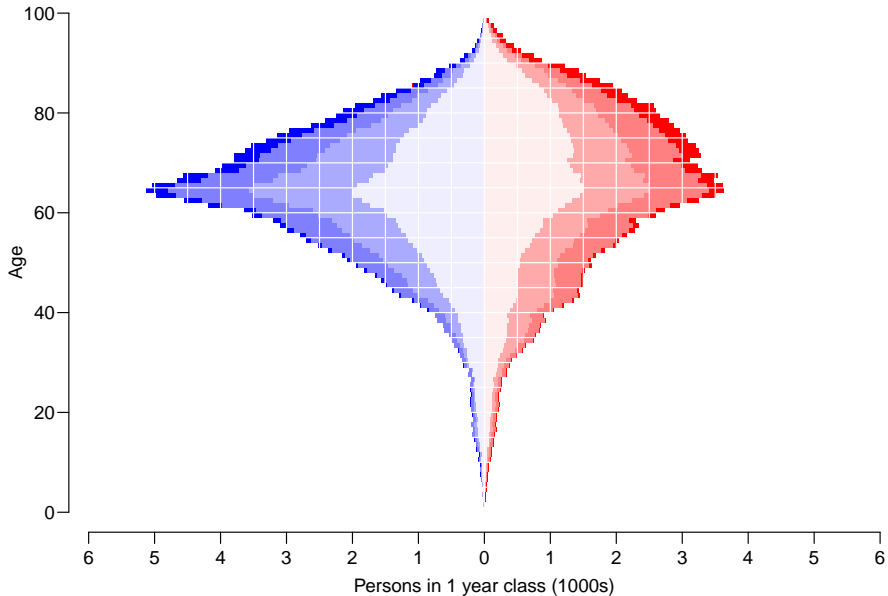
2009

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
9,047	27,407	37,871	58,522	132,847		126,295	53,795	35,515	28,081	8,904
6.8	20.6	28.5	44.1		%		42.6	28.1	22.2	7.0



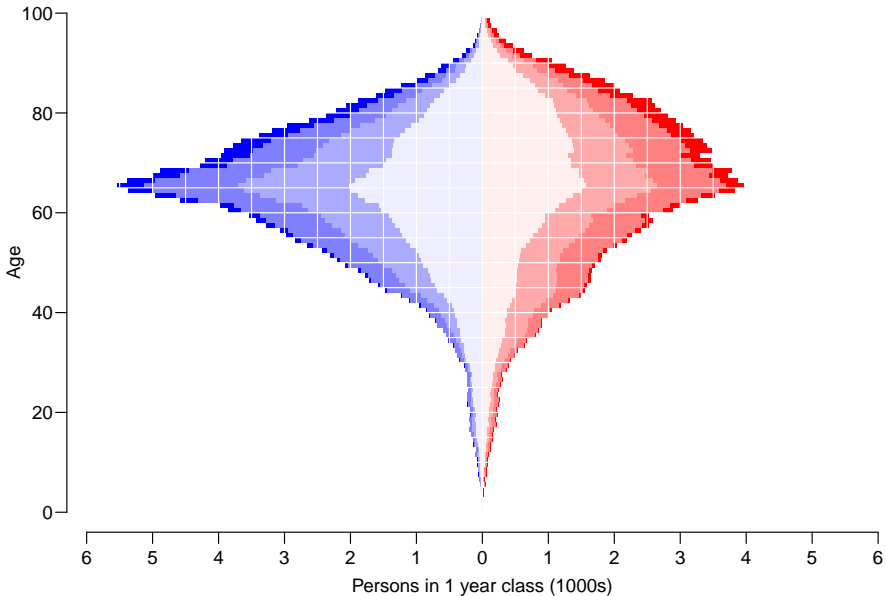
2010

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
10,338	31,611	39,770	59,221	140,940		133,318	54,138	37,251	31,954	9,975
7.3	22.4	28.2	42.0		%		40.6	27.9	24.0	7.5



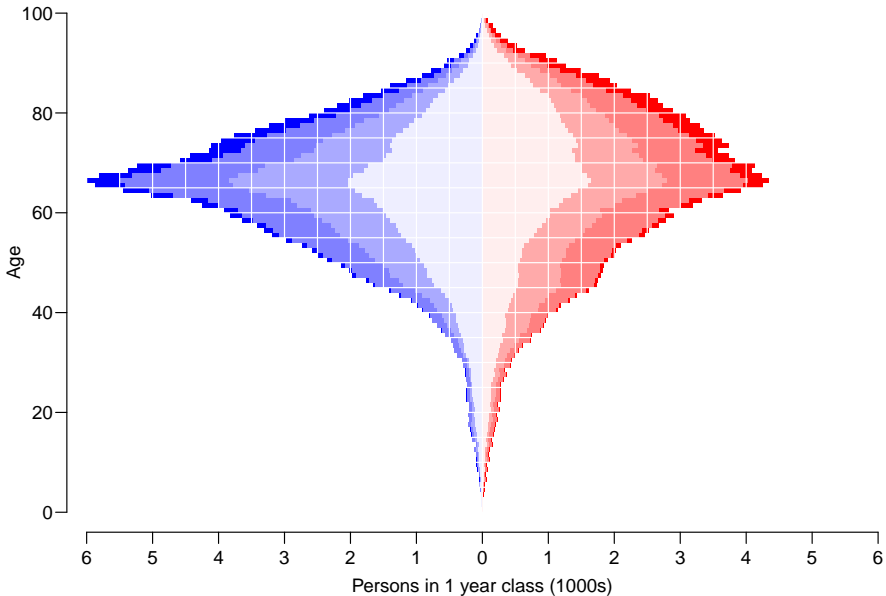
2011

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
11,686	36,566	41,558	59,892	149,702		140,507	54,306	38,802	36,354	11,045
7.8	24.4	27.8	40.0		%		38.7	27.6	25.9	7.9



2012

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
13,220	42,612	43,576	60,943	160,352		150,309	55,260	40,772	41,932	12,346
8.2	26.6	27.2	38.0		%		36.8	27.1	27.9	8.2



2012

Mort	Inc	Const	Org	All	N	All	Org	Const	Inc	Mort
13,220	42,612	43,576	60,943	160,352		150,309	55,260	40,772	41,932	12,346
8.2	26.6	27.2	38.0		%		36.8	27.1	27.9	8.2

