

Recent diabetes incidence rates in Denmark

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Chapter 1

Introduction

First we introduce the relevant packages

```
> options( width=120 )
> library( Epi )
> library( splines )
```

1.1 Incidence rates

We model the incidence rates from a tabulation of the diabetes register made in conjunction with the annual update of the register. The analytical units are the Lexis triangles, classified by age, period and cohort (∇ and \triangleleft):

```
> load( "C:/Bendix/Steno/DM-register/NDR/2009/data/inc.Rdata" )
> head( inc )
```

	sex	A	P	C	D	upper	Y	dm.Y	well.Y
1	K	0.6666667	1995.333	1994.667	2	1	17100.67	0.1300479	17100.54
2	K	0.3333333	1995.667	1995.333	0	0	17025.50	0.0000000	17025.50
3	K	0.6666667	1996.333	1995.667	4	1	17069.17	1.8617385	17067.30
4	K	0.3333333	1996.667	1996.333	4	0	16469.50	1.4455852	16468.05
5	K	0.6666667	1997.333	1996.667	2	1	16501.83	1.9835729	16499.85
6	K	0.3333333	1997.667	1997.333	0	0	16434.00	0.0000000	16434.00

```
> dim( inc )
[1] 6000 9
> with( inc, addmargins( xtabs( D ~ floor(P) + sex ) ) )
```

	sex		
floor(P)	K	M	Sum
1995	7145	7748	14893
1996	7392	8022	15414
1997	7533	7927	15460
1998	8044	8814	16858
1999	8555	9307	17862
2000	8883	9631	18514
2001	9477	10211	19688
2002	10912	11197	22109
2003	11506	12477	23983
2004	11615	12553	24168
2005	10636	11663	22299
2006	10930	12092	23022
2007	11763	12703	24466
2008	12641	13995	26636
2009	12297	14242	26539
Sum	149329	162582	311911

Thus the dataset has the variable `D` for the number of DM-cases and the variable `well.Y` for the amount of follow-up among the non-diabetic part of the population, the latter is the correct denominator for analysis of the rates. The covariates of interest are of course `A`, `P` and `C` with values for age, period and cohort at the midpoints of the Lexis-triangles.

1.1.1 Models for incidence rates

Based on this we can now derive the location of the knots for this model:

```
> source( "c:/stat/r/bxc/library.sources/useful/r/Ns.r" )
> nk.a <- 25
> nk.p <- 10
> nk.c <- 8
> qn <- function(n) seq( 1/(3*n), 1-1/(3*n),,n)
> ( ki.a <- with( inc, quantile( rep(A,D), qn(nk.a) ) ) )

1.333333% 5.388889% 9.444444%      13.5% 17.55556% 21.61111% 25.66667% 29.72222% 33.77778% 37.83333%
15.33333 32.66667 39.66667 44.33333 47.33333 50.33333 52.33333 54.33333 56.33333 58.33333
   50% 54.05556% 58.11111% 62.16667% 66.22222% 70.27778% 74.33333% 78.38889% 82.44444%   86.5%
62.66667 64.33333 65.66667 67.33333 69.33333 70.66667 72.66667 74.33333 76.33333 78.66667
98.66667
89.66667

> ( ki.p <- with( inc, quantile( rep(P,D), qn(nk.p) ) ) )

3.333333% 13.7037% 24.07407% 34.44444% 44.81481% 55.18519% 65.55556% 75.92593% 86.2963% 96.66667%
1995.667 1997.667 1999.667 2001.333 2002.667 2004.333 2005.667 2007.333 2008.333 2009.667

> ( ki.c <- with( inc, quantile( rep(C,D), qn(nk.c) ) ) )

4.166667% 17.2619% 30.35714% 43.45238% 56.54762% 69.64286% 82.7381% 95.83333%
1916.333 1926.333 1932.667 1938.333 1943.667 1948.667 1956.667 1973.667

> m.inc.ap <- glm( D ~ Ns(A,knots=ki.a) + Ns(P,knots=ki.p),
+                 offset = log(well.Y/1000), family=poisson,
+                 data = subset(inc,sex=="M") )
> f.inc.ap <- update( m.inc.ap, data = subset(inc,sex=="K") )
> np <- 100
> a.pt <- seq(0,90,,np)
> p.rf <- 2004
> p.pt <- seq(1995,2010,,np)
> CP <- Ns( p.pt ,knots=ki.p)
> CPr <- Ns(rep(p.rf,np),knots=ki.p)
> m10.rr <- ci.exp( m.inc.ap, subset="P", ctr.mat=CP-CPr )
> f10.rr <- ci.exp( f.inc.ap, subset="P", ctr.mat=CP-CPr )
> nk.p <- 5
> ( ki.p <- with( inc, quantile( rep(P,D), qn(nk.p) ) ) )

6.666667% 28.33333%      50% 71.66667% 93.33333%
1996.333 2000.333 2003.667 2006.667 2009.333

> m.inc.ap <- glm( D ~ Ns(A,knots=ki.a) + Ns(P,knots=ki.p),
+                 offset = log(well.Y/1000), family=poisson,
+                 data = subset(inc,sex=="M") )
> f.inc.ap <- update( m.inc.ap, data = subset(inc,sex=="K") )
> CA <- Ns( a.pt ,knots=ki.a)
> CP <- Ns( p.pt ,knots=ki.p)
> CPr <- Ns(rep(p.rf,np),knots=ki.p)
> m5.rr <- ci.exp( m.inc.ap, subset="P", ctr.mat=CP-CPr )
> f5.rr <- ci.exp( f.inc.ap, subset="P", ctr.mat=CP-CPr )
```

We can now plot the RR by calendar time:

```

> par( mar=c(3,3,1,1), mgp=c(3,1,0)/1.6 )
> matplot( p.pt, cbind( m5.rr, f5.rr ), type="n",
+         log="y", las=1, ylim=c(0.5,1.5),
+         xlab="Date of follow-up",
+         ylab="DM incidence rate ratio")
> abline( v=1990:2020, h=seq(0.5,2,0.1), col=gray(0.8) )
> abline( h=1 )
> matlines( p.pt, cbind( m10.rr, m5.rr,
+                     f10.rr, f5.rr ), lty=rep(c(3,1),c(3,3)), lwd=c(3,1,1),
+         col=rep(c("blue","red"),each=6) )
> points( p.rf, 1, pch=16, cex=1.1, col="white")
> points( p.rf, 1, pch=1, cex=1.1, col="black", lwd=3 )

```

The next point is to extract the age-specific incidence rates at 1.1.2004:

```

> m5.inc <- ci.exp( m.inc.ap, ctr.mat=cbind(1,CA,CPr) )
> f5.inc <- ci.exp( f.inc.ap, ctr.mat=cbind(1,CA,CPr) )
> par( mar=c(3,3,1,1), mgp=c(3,1,0)/1.6 )

```

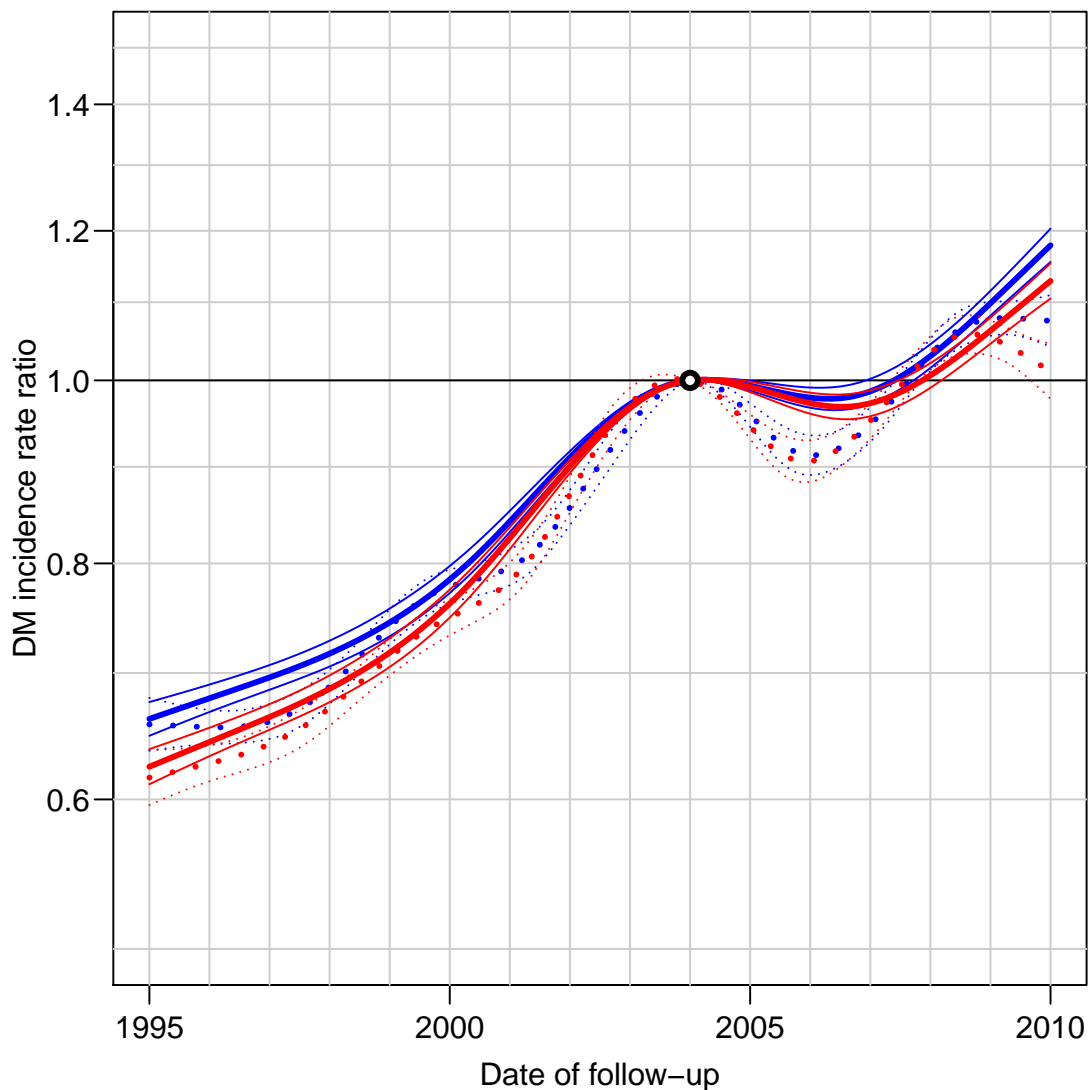


Figure 1.1: Rate-ratio relative to 1.1.2004, separately for men (blue) and women (red), dotted lines are with 10-knot splines, full lines with 5-knot splines. Clearly the 5-knot spline is the more appropriate, indicating that there is an increase in incidence rates after around 2007.

```
> matplot( a.pt, cbind( m5.inc, f5.inc ), type="l",
+         log="y", las=1, ylim=c(0.1,20),
+         xlab="Date of follow-up",
+         ylab="DM incidence rate per 1000 PY")
> abline( v=seq(0,90,5), h=c(1:9/10,1:25), col=gray(0.8) )
> abline( h=1 )
> matlines( a.pt, cbind( m5.inc, f5.inc ), lty=1, lwd=c(3,1,1),
+          col=rep(c("blue","red"),each=3) )
> box()
```

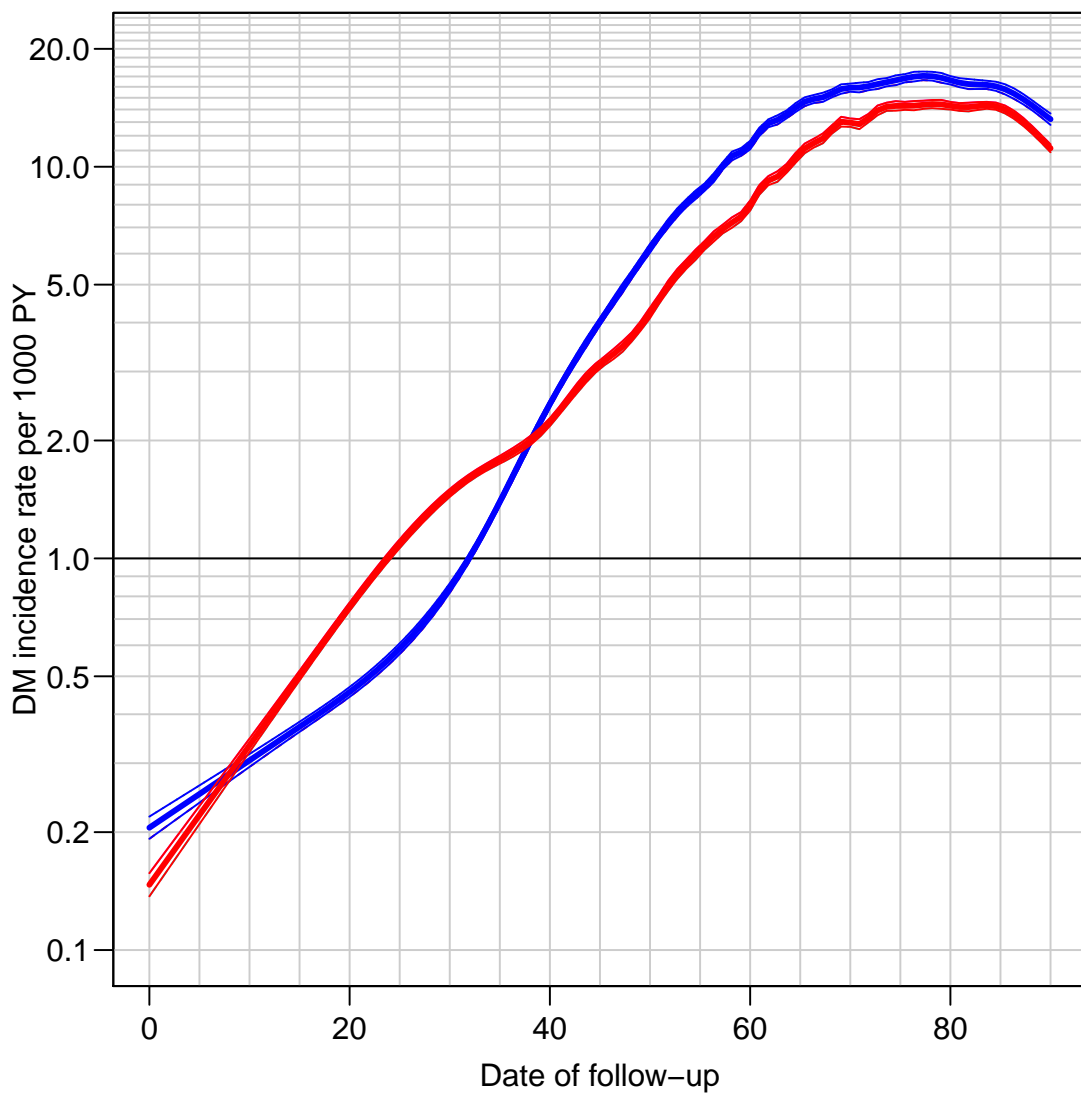


Figure 1.2: Incidence rates of DM at 1.1.2004, separately for men (blue) and women (red).